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## *Shell guide to ESSEX*



Water is shown, even in the Silverland. That is the pattern of Rivers. Countries slope very gently to successive embankments, buildings, and where weather-beaten walls where the soil was ground, in this earlier ancient country of low and fairly moist, shading off into the North Sea. The East Saxon, or "East Seax", denotes the name given to a group of men with their wives and children and cattle and grain some 1,000 years ago. Old men crosses that are still shown. Objects in the foreground tell of more ancient history, of the British, than the Romans at Canterbury or Colchester. These are signs of King Cynwulf of Mercia, raised at Canterbury, which he made the chief city of all Britain in the years before the Roman invasion of A.D. 44. There, too, is a sign (2) from a child's burial of A.D. 55-56. Also a crystal of semi-soft quartz as symbol of the more ancient industry of Rivers, the making of salt for passing on-routes over hot sun-baked beds. This industry of King Cynwulf's era has left cairns "Red Hills" on the hills around of red sand sometimes gravelly, debris on the coastal flats, particularly along the Blackwater Estuary. From the new city which the Romans called Colonia Victoriae, came the carrying of a shield (4). The East Saxon remained the Roman city "Colchester", the "Roman city on the Colne". Even in Roman times the Colne had been famous for oysters. The Silver Queen (5) in the picture belongs to Colchester Corporation, and was made as the official standard of the time the Colne crosses road south before they are gathered. Beside are two wild flowers of the Essex saltmarsh, Sea Lavender (6) and Sea Aster (7). Indeed the class of Rivers are celebrated for heathland trees (8) - pollarded hornbeams are characteristic of Rivington Forest, from the glades of which the poet John Clare used to see London "like a ghost among the hills" (9) and for the tree Oakley (10) of woods and copse, which is either larger and more pallid than the country. Beside on the right the Silverdene (11), which are common above the root of some of the older trees along the Essex coast.

The "School Guide to British Birds", a monthly series depicting animals and plants in their natural surroundings, which gives guidance to all young people, is published in book form by Phoenix House Ltd at 25s. The "School Guide to Trees" and "School Guide to Flowers of the Countryside" are also available at 2/6 each at bookshops and bookstalls.

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# Essex A Shell Guide

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