

Unconsciousness is a state of unresponsiveness, where the casualty is unaware of their surroundings and no purposeful response can be obtained.

NO RESPONSE → **NO Breathing or Abnormal Breathing** → Follow Basic Life Support Chart →

→ **Breathing Normally** → Recovery Position. Call 999, monitor

Causes of an unresponsive (unconscious), breathing casualty:

- A - Alcohol
- B - Drugs
- C - Epilepsy (Pg 26)
- D - Hypoglycaemia (Pg 26)
- E - Inhalant (Chloroform Pg 26)
- F - Poisoning
- G - Overdose (Heroin Pg 26)
- H - Stroke (Pg 27)
- I - Trauma (Head injury Pg 25, 27)
- J - Infection (sepsis Pg 26)
- K - Pretending
- L - Stroke (Pg 27)
- M - Unconscious (not below)

NOT The sense of hearing is usually the last sense to go, so be careful what you say near an unconscious casualty.

All unconscious casualties must be handled gently and every effort made to avoid any twisting or forward movement of the head and spine.

(An unconscious, breathing woman in advanced pregnancy should be placed on her left side).

The recovery position:

- Maintains a clear airway - allows the tongue to fall forward.
- Facilitates drainage and lowers the risk of inhaling foreign material (eg saliva, vomit)
- Permits good observation and access to the airway.
- Allows pressure on the chest which facilitates breathing.
- Provides a stable position and minimises injury to casualty.



Step 1

- Raise the casualty's furthest arm above the head.
- Place the casualty's nearest arm across the body.
- Bend up the casualty's nearest leg.
- With one hand on the shoulder and the other on the knee, roll casualty away from you.



Step 2

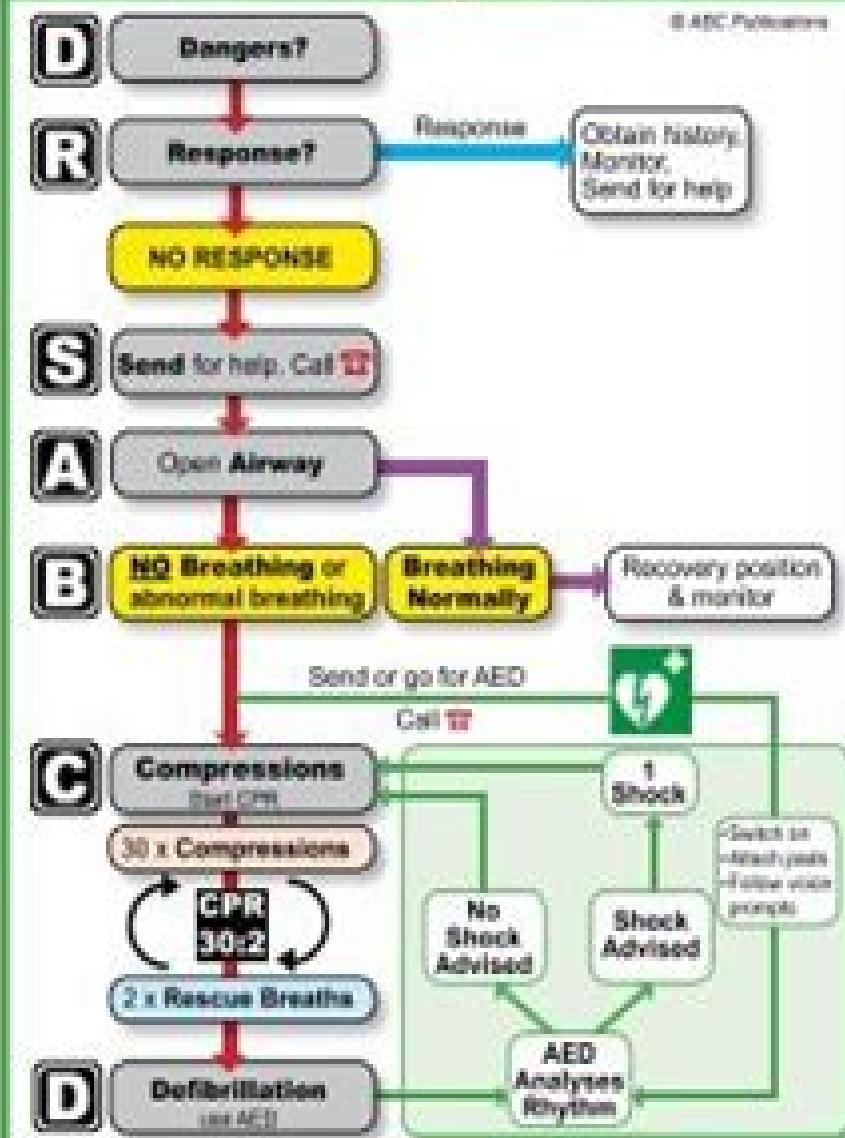
- Position the casualty by bending the bent knee to 90° when rolling on the ground.
- Turn the casualty's head under their arm.
- Ensure the casualty's head is resting on their unaffected arm.



Step 3

- Carefully tilt the head slightly backwards and downwards. This facilitates drainage of saliva and/or stomach contents and reduces the risk of inhalation which may cause pneumonia.

Basic Life Support & AED



In an EMERGENCY CALL **999** or **112**

Abc First Aid Guide

Ben Gadd

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