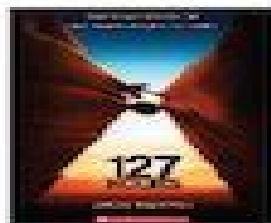


A **FREE** RESOURCE FOR TEACHERS!

127 HOURS

–EXTRA

Level 3

This level is suitable for students who have been learning English for at least three years and up to four years. It corresponds with the Common European Framework level B1. Suitable for users of *ESOL* magazine.

On Saturday, April 26th, 2003, mountaineer Aron Ralston from Colorado, USA, went hiking in Canyonlands National Park in south-east Utah, USA. That afternoon, a flash-flood hit and trapped his right hand against the canyon wall.

Aron was in a very difficult situation – he had very little water, no means of getting to safety, no tools, no food, and almost no useful equipment to find himself. He had not told anyone exactly where he was going. He knew that he wouldn't be rescued for days and that a search and rescue operation might not find him in time, if even.

Over the next five days, Aron tried to free his hand by chipping away stone from the boulder and using a rope to lift the boulder, without success. On his third night in the canyon, Aron had to start thinking how to save his survival. With no sleep, food, or water, he began to have visions and was convinced he was going to die. He even recalled the dates of his life on the canyon walls. However, in a final vision he saw a house and himself with a little boy, and realised this was his future life and became convinced that he wouldn't die.

Later on the morning of the sixth day, he managed to cut off the lower part of his right arm and escape. Then he travelled down a cliff and hiked two kilometers before meeting a family who helped him. Finally, he was taken to hospital by helicopter. Aron then had to have many operations on his arm, and he

took months to recover. Aron believes his love for his family and friends kept him alive.

THE BACK STORY

After he had recovered, Aron Ralston wrote a book about his experiences, called *Ralston: a rock and a hard place*. Film director Danny Boyle made it into the film *127 Hours*.

Loving his arm didn't stop Aron from being active. When he had recovered, he got a job with a firm and then continued to climb and do other outdoor activities. Later, he met a woman he loved, got married, and had a son – a boy like the boy he had seen in his vision in the canyon. One day, he returned with his family and friends to the place where the accident had happened. His young son was with him.

MEDIA LINKS

DVD: The film of *127 Hours* is available on DVD. You should note that some of the scenes are quite graphic and may be upsetting to some students.

CD: A recording of *127 Hours* is available to accompany the Scholastic Reader.

Books: This reader is adapted from *Ralston: a rock and a hard place* by Aron Ralston, published by Simon & Schuster.

HOW TO USE YOUR SCHOLASTIC READER

Choosing and motivating

Is this a good story for your class? Do they enjoy dramatic, real-life documentaries? If not, choose a different book. Motivate the students by giving them some background information to the story. There must be a prologue with plenty of dramatic expression.

Organising

Make a reading schedule for the class. Decide how many pages to set for reading each week. Have feedback sessions on these pages. Then select exercises from the Self-Study section at the back of the book and make activities from the resource sheet for each chunk of reading. (Answers on page 5).

Using the CD

The class can listen and follow in their books, listen and then read, or read and then listen. All these activities will improve their reading speeds and skills.

Using the DVD and CD

Select the English language option on the DVD. Watch the film and prompt to check that all scenes and language are suitable for your class. If you think some of the scenes will be too upsetting for your students, omit those scenes. Watch the film in parallel with your reading schedule, choose important scenes and set language tasks related to them. Alternatively, show the film when the class have finished reading the book, as a treat.

Glossary

Go to 'New Words' at the back of the reader. Translate the words with the class or get students to find their meanings at home. The Vocabulary Builder on page 4 of the resource sheet guides the new words in a different context.

Book exercises

Show students the Self-Study Activities at the back of the book. These are divided into sections. They complete some exercises before reading a section of the book, and some after. Check the answers with the whole class.

Fact files

Set these as self-study or use with the whole class. They provide information on making the film, Utah and surviving, and people who have been successful in sport despite disabilities.

What did they think?

Get everyone to do a written or spoken review of the book. Did they enjoy it? Will they watch the film? Get on better at:

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1. Understanding the eBook 127 Hours Book Chapter Summary
 - The Rise of Digital Reading 127 Hours Book Chapter Summary
 - Advantages of eBooks Over Traditional Books
2. Identifying 127 Hours Book Chapter Summary
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an 127 Hours Book Chapter Summary
 - User-Friendly Interface
4. Exploring eBook Recommendations from 127 Hours Book Chapter Summary
 - Personalized Recommendations
 - 127 Hours Book Chapter Summary User Reviews and Ratings
 - 127 Hours Book Chapter Summary and Bestseller Lists
5. Accessing 127 Hours Book Chapter Summary Free and Paid eBooks
 - 127 Hours Book Chapter Summary Public Domain eBooks

- 127 Hours Book Chapter Summary eBook Subscription Services
- 127 Hours Book Chapter Summary Budget-Friendly Options
- 6. Navigating 127 Hours Book Chapter Summary eBook Formats
 - ePub, PDF, MOBI, and More
 - 127 Hours Book Chapter Summary Compatibility with Devices
 - 127 Hours Book Chapter Summary Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of 127 Hours Book Chapter Summary
 - Highlighting and Note-Taking 127 Hours Book Chapter Summary
 - Interactive Elements 127 Hours Book Chapter Summary
- 8. Staying Engaged with 127 Hours Book Chapter Summary
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers 127 Hours Book Chapter Summary
- 9. Balancing eBooks and Physical Books 127 Hours Book Chapter Summary
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection 127 Hours Book Chapter Summary
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine 127 Hours Book Chapter Summary
 - Setting Reading Goals 127 Hours Book Chapter Summary
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of 127 Hours Book Chapter Summary
 - Fact-Checking eBook Content of 127 Hours Book Chapter Summary
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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