

Box 3-5A

## Adults & adolescents 12+ years

### Personalized asthma management

Assess, Adjust, Review response



Symptoms  
Exacerbations  
Side-effects  
Lung function  
Patient satisfaction

Confirmation of diagnosis if necessary  
Symptom control & modifiable risk factors (including lung function)  
Comorbidities  
Inhaler technique & adherence  
Patient preferences and goals

ICS-formoterol is the preferred reliever for patients prescribed maintenance and reliever therapy. For other ICS-LABAs, the reliever is SABA

### Asthma medication options

Adjust treatment up and down for individual patient needs

**PREFERRED CONTROLLER**  
to prevent exacerbations and control symptoms

**STEP 1**  
As-needed low dose ICS-formoterol \*

#### STEP 2

Daily low dose inhaled corticosteroid (ICS), or as-needed low dose ICS-formoterol \*

#### STEP 3

Low dose ICS-LABA

#### STEP 4

Medium dose ICS-LABA

High dose ICS-LABA  
Refer for phenotypic assessment & addition therapy, e.g. biologics, omalizumab, mepolizumab, dupilumab

Other controller options

Low dose ICS taken whenever SABA is taken †

Daily leukotriene receptor antagonist (LTRA), or low dose ICS taken whenever LTRA taken †

Medium dose ICS, or low dose ICS+LTRA †

High dose ICS, or ICS+LTRA, or as-needed LTRA †

As-needed high dose OCS, but consider side effects

### PREFERRED RELIEVER

Other reliever option

As-needed low dose ICS-formoterol \*

As-needed short-acting  $\beta_2$ -agonist (SABA)

As-needed low dose ICS-formoterol for patients prescribed maintenance and reliever therapy

\* Data only with budesonide-formoterol (bud-form)

† Separate or combination ICS and SABA inhalers

‡ Low-dose ICS-form is the reliever only for patients prescribed bud-form or SABA-form maintenance and reliever therapy

† Consider using HDM SLIT for sensitized patients with allergic rhinitis and  $PFTV1 <70\%$  predicted

# Bronchial Asthma Gina Guidelines 2013

**Pudupakkam K. Vedanthan, Harold S.  
Nelson, Shripad N. Agashe, PA  
Mahesh, Rohit Katial**

## Bronchial Asthma Gina Guidelines 2013:

Handbook of Psychological Assessment in Primary Care Settings Mark E. Maruish,2017-04-21 The second edition Handbook of Psychological Assessment in Primary Care Settings offers an overview of the application of psychological screening and assessment instruments in primary care settings This indispensable reference addresses current psychological assessment needs and practices in primary care settings to inform psychologists behavioral health clinicians and primary care providers the clinical benefits that can result from utilizing psychological assessment and other behavioral health care services in primary care settings Textbook of Allergy for the Clinician Pudupakkam K. Vedanthan,Harold S.

Nelson,Shripad N. Agashe,PA Mahesh,Rohit Katial,2021-02-04 This is the second and updated version of the Textbook of Allergy for the Clinician It is a unique book in the field of allergy The uniqueness lies in the international character of the book with contributors representing both the East and West This book represents the diversity of issues affecting patients in the specialty of allergy asthma immunology There is some discussion of the basic mechanisms involved and extensive elaboration for the clinicians This book will appeal to medical students residents and fellows undergoing training as well as consultants in academic and clinical practice settings The color plates especially in the section on Aerobiology will help in the interaction between the patient and consultant in identifying the plant or flora which is the causative factor The differences and similarities between the Eastern and Western approaches in the practice of the specialty are being addressed for the first time in a book

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S. Esherick, Evan D. Slater, Jacob A. David, 2017-01-09 Today's Best Practices in Your Pocket Guidelines for the most common outpatient conditions in a NEW user friendly outline format. A Doody's Core Title for 2017 CURRENT Practice Guidelines in Primary Care 2017 has been reformatted into an easy to use outline to provide you with quick access to screening prevention and treatment guidelines for the common outpatient conditions. Content is drawn from a wide array of recommendations from government agencies, expert panels, medical specialty organizations and other professional and scientific organizations. Each topic is carefully selected for relevance to the office practice of ambulatory medicine and the text overflows with clinical pearls easy to apply take home points and guideline based algorithms designed to simplify clinical decision making. Every topic updated NEW user friendly outline format speeds you to most current screening prevention and management guidelines. The perfect balance between brevity and clinical necessity exactly the amount of information you need no more less. Authoritative content drawn from government agencies, medical and scientific organizations and expert panels. Carefully selected for relevance to the office practice of ambulatory medicine. Easy to apply take home points are perfect for busy clinicians. Clinical pearls for all healthcare providers. Spans all areas of general medicine. Website addresses for U.S. government agencies and professional societies. Updated evidence based content.

*Pharmacotherapy Principles and Practice, Sixth Edition* Marie A. Chisholm-Burns, Terry L. Schwinghammer, Patrick M. Malone, Jill M. Kolesar, Kelly C. Lee, P. Brandon Bookstaver, 2022-02-04 All the main concepts from the landmark *Pharmacotherapy A Pathophysiologic Approach* distilled down to a concise, clinically focused full color resource. Providing a solid evidence based approach. *Pharmacotherapy Principles Practice* Sixth Edition explains how to design, implement, monitor and evaluate medication therapy. You'll gain an in-depth understanding of the underlying principles of the pharmacotherapy of disease and their practical application. *Pharmacotherapy Principles Practice* includes chapters on geriatrics, pediatrics and palliative care. Each of the subsequent disease based chapters covers disease epidemiology, etiology, pathophysiology, clinical presentation and diagnosis, nonpharmacologic therapy followed by therapeutic recommendations for medication selection, desired outcomes, dosing and patient monitoring. Features: Chapters are written and reviewed by pharmacists, NPs, PAs and physicians considered authorities in their fields. Learning objectives with associated content identified with a margin rule. Disorder based organization makes finding answers quick and easy. Surveys the full range of organ system disorders treated in pharmacy practice. Knowledge

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