

# InterActive Physiology® Endocrine Exercise Sheets

## Endocrine System: Endocrine System Review

1. Hormones act at specific target organs because these organs contain \_\_\_\_\_ specific for the hormones.
2. Growth hormone, secreted by the \_\_\_\_\_ gland, stimulates growth of bones and muscle by activating intermediary proteins called \_\_\_\_\_.
3. \_\_\_\_\_ (hormone) from the anterior pituitary stimulates secretion of cortisol from the \_\_\_\_\_ (gland). The anterior pituitary consists of \_\_\_\_\_ tissue.
4. The parafollicular or C-cells of the \_\_\_\_\_ gland produce \_\_\_\_\_, a peptide hormone that lowers plasma calcium levels.
5. Hormones secreted by the pancreatic islets of the pancreas include \_\_\_\_\_ from the \_\_\_\_\_ cells and \_\_\_\_\_ from the \_\_\_\_\_ cells. Which of these hormones raise blood glucose levels?
6. Specialized muscle cells in the heart produce \_\_\_\_\_ (hormone), which increases excretion of \_\_\_\_\_ (electrolyte) by the kidneys.
7. \_\_\_\_\_ (hormone) promotes the final conversion of vitamin D to \_\_\_\_\_ in the kidney.
8. \_\_\_\_\_ (hormone) produced by G-cells in the pyloric antrum stimulates \_\_\_\_\_ secretion in the stomach.
9. One ventral hypothalamic hormone (\_\_\_\_\_) is essential for the stress response and another (\_\_\_\_\_) inhibits release of prolactin.
10. \_\_\_\_\_ (hormone) is a stimulus for sperm production in the male and maturation of ovarian follicles in the female.
11. \_\_\_\_\_, secreted by the pineal gland, helps regulate body activities with the light-dark cycle.

# Appendix C Interactive Physiology Exercise Sheets

**Scott C. Dulebohn**



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