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Thich Nhat Hanh  
**EIN LOTOS ERBLÜHT  
IM HERZEN**

Die Kunst des  
achtsamen Lebens



*Ein Lotus erblüht  
im Herzen*

# Ein Lotos Erblüht Im Herzen Die Kunst Des Achtsamen Lebens

**Thich Nhat Hanh**



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