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DJ Losen

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Federal Register

,1994-08 *Chinese Medicine for Upper Body Pain* Benjamin Apichai,2023-05-25 Pain medication is widely used to treat patients who suffer from acute and chronic pain However it is not the only treatment option available for managing traumatic and chronic upper body pain Chinese medicine is a popular option without the risk of adverse side effects that may come with opioid use Chinese Medicine for Upper Body Pain further explores other pain management options introducing treatments such as acupuncture herbal medicine and Tui Na Chinese bodywork This book provides concise explanations in terms of anatomy pathology and etiology for both Western and Chinese medicine and also provides selfcare instructions that are effective and easy to follow Key Features Introduces treatments in Chinese medicine including acupuncture with traditional methods such as acupuncture point selection and its modifications electroacupuncture point bleeding auricular medicine cupping and moxibustion herbal formulas with their sources and modifications and Tui Na therapy Recommends dietary exercise and self care protocols for patients Includes photos for reference and ease of understanding This book is suitable for self care practitioners and students of Chinese medicine practices as well as patients who want to better understand and mitigate their pain Along with Chinese Medicine for Lower Body Pain ISBN 9780367235857 the author covers the use of Chinese medicine for pain management for the complete body

The Surgical Technologist ,1999

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