
ATI Mental Health Proctored Exam – Updated 2025 Version – Comprehensive Questions, Verified Answers

A nurse is planning overall strategies to address problems for a client who has a borderline personality disorder. Which of the following strategies is the priority for the nurse to incorporate into the plan of care?

- a. discuss the appropriate use of assertive behavior with the client
- b. encourage the client to attend weekly support group meetings
- c. assist the client to maintain awareness of her thoughts and feelings
- d. implement measures to prevent intentional self-inflicted injury - Correct Answer-d. implement measures to prevent intentional self-inflicted injury

A nurse is admitting a client who has a generalized anxiety disorder. Which of the following actions should the nurse plan to take first?

- a. Provide the client with a quiet environment
- b. Determine how the client handles stress.
- c. Teach the client to use guided imagery.
- d. Ask the client to identify her strengths - Correct Answer-a. Provide the client with a quiet environment

A nurse is conducting an admission interview with a client who is experiencing mania. Which of the following should the nurse report to the provider?

- a. States that he hasn't bathed in 2 days
- b. Reports eating twice in the past two weeks.
- c. Makes inappropriate sexual comments.
- d. Speaks in rhyming sentences. - Correct Answer-b. Reports eating twice in the past two weeks.

A nurse is planning care for a client who has obsessive-compulsive disorder. Which of the following recommendation should the nurse include in the client's plan of care?

- a. Validation therapy
- b. Thought stopping
- c. Operant conditioning
- d. Reality orientation therapy - Correct Answer-b. Thought stopping

A nurse is caring for a client who has bipolar disorder and is experiencing a manic episode. Which of the following actions should the nurse take?

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