

Mental Health ATI Study Guide

☒ Learn/Master the BASIC principles and PROCEDURES of NURSING

- Critical Thinking
- Evidence-based Practice
- Patient-centered Care
- Clinical Application
- Nursing Process (A.D.P.I.E.)
- Therapeutic Communication

Two of the most important things to know for Mental health:

- ☒ Mental Health Drugs (ex. Antipsychotics, Antidepressants, etc.)
- ☒ Therapeutic Communication vs Non-Therapeutic Communication

Everything about Delirium and Schizophrenia

- ☒ frequently seen while studying

Knowing the Difference between all the extrapyramidal side effects

Learn Cognitive Impairment Terms

- ☒ Perseveration
 - The repetition of phrases or behavior and is most often exhibited by clients under stress
- ☒ Confabulation
 - Involves filling in gaps in memory by fabrication
 - The client unconsciously makes up responses that are inaccurate to avoid the embarrassment of memory loss
- ☒ Apraxia
 - The loss of purposeful movement in the absence of motor or sensory impairment
 - This is often exhibited by clients who are unable to perform once familiar tasks
- ☒ Agnosia
 - The loss of the sensory ability to recognize objects.
 - This is often exhibited by clients who have lost the ability to recognize familiar sounds or people

Therapeutic Communication (very important)

- ☒ Review examples of Therapeutic and Non-Therapeutic Communication
 - Pro Tip: Sentences starting with "Tell me" offer a general lead to allow for someone to express their feelings

Ati Testing Study Guide Lab

Kathy A. Zahler



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