

# NCLEX REVIEW NURSING CHEAT SHEET

## Pharmacology

You can not learn all the medications at once. But by learning drug categories and their corresponding name endings, memorization will become easier. This way you'll be able to eliminate many answer choices on your pharma questions.

- **ACE inhibitors and (in)** -pril (lisinapril)
- **Beta-blockers and (in)** -olol (propranolol)
- **H2 receptor blockers and (in)** -idine (cimetidine)
- **ABx and (in)** -ycin or -cillin (erythromycin, penicillin)
- **Cholesterol lowering drugs and (in)** -statin (atorvastatin)



- **Cardiovascular and (in)** -pam (diazepam)
- **Phosphodiesterase and (in)** -dine (sildenafil)
- **Glucocorticoids and (in)** -one (prednisone)

- **Antibiotics and (in)** -vir (acyclovir)
- **ARBs and (in)** -artan (losartan)
- **PHAs and (in)** -azole (omeprazole)
- **Anticoagulants and (in)** -arin (heparin)



## Drug Schedules

- **Schedule I** - no currently accepted medical use and for research use only (e.g., heroin, LSD, MDMA)
- **Schedule II** - drugs with high potential for abuse and requires written prescription (e.g., Ritalin, hydromorphone (Dilaudid), meperidine (Demerol), and fentanyl)
- **Schedule III** - requires new prescription after six months or five refills (e.g., codeine, testosterone, buprenorphine)

## Vital Signs

- Temp: 36.5 to 37.2°C (97.8-99°F)
- BP: 90/60 to 120/80 mm Hg
- Heart rate - 60-100 bpm
- Respiratory Rate: 12 to 20 breaths per minute

## Conversions

- 1 teaspoon = 5 mL
- 1 tablespoon = 3 tsp
- 1 oz = 30 mL
- 1 cup = 8 oz
- 1 pint = 2 cups

- Convert C to F: C x 1.8 + 32
- multiply by 1.8 and add 32



- 1 pint = 2 pints
- 1 gram (g) = 1000 mg
- 1 gram (g) = 1,000 mg
- 1 kilogram (kg) = 2.2 lbs
- 1 lb = 16 oz

- Convert F to C: F - 32
- multiply by 5/9 and subtract 32

## Rules of nines for calculating Total Body Surface Area (TBSA) for burns

- Head: 9%
- Arms: 18% (9% each)
- Legs: 36% (18% each)
- Genitalia: 1%
- Back: 18%

## Common Diets

- Gallbladder diseases - Low fat, calorie restricted
- Regular Gastritis - Low fiber, bland diet
- Hepatitis - High calorie, high protein
- Hyperlipidemias - Fat controlled, calorie restricted
- Hypertension/Heart Failure/CAD - Low Sodium, calorie restricted, fat controlled
- Kidney Stones - Increased fluid intake, controlled calcium intake, low oxalate

- Obesity/overweight - Calorie restricted, high fiber
- Peptic ulcer - Bland diet
- Pernicious Anemia - Increase Vitamin B12 (Cobalamin), found in high amounts on shellfish, beef liver, and fish

## Baby growth

- **2-3 months**: able to turn head up, and can turn side to side. Makes cooing or gurgling noises and can turn head to sound.
- **4-6 months**: grasps, switches and roll over tummy to back. Can babble and can mimic sounds.
- **6-9 months**: sits at 6 and waves bye-bye. Can recognize familiar faces and knows if someone is a stranger. Passes things back and forth between hands.
- **8-10 months**: stands straight at eight, has favorite toy, plays peek-a-boo.
- **10-12 months**: belly to butt.
- **12-24 months**: twirls and up, drinks from a cup. Cries when parents leave, uses furniture to cruise.

## Common Signs and Symptoms

- Diabetes Mellitus - extreme thirst
- Angiomyocardial Dysplasia (AMD) - granuloma, hyperplasia, edema
- Chronic Kidney - polyuria, polydipsia, polyuria
- Bacteremialphagocytic Disease (BMD) - fever, chills
- Hemorrhagic - bleeding (bleeding) - white like stool
- Anger - sweating, flushing, pale, redness
- Myocardial infarction - chest pain, sweating, pale, redness
- Parkinson's Disease - pill rolling tremors
- Hemorrhagic - white
- Bacteremialphagocytic - white of light, shadow with corner
- Bacteremialphagocytic - white of light, shadow with corner
- Bacteremialphagocytic - white of light, shadow with corner

### Sexual Transmitted Infections

- Herpes Simplex Type II - genital lesions on genitalia
- Gonorrhea - white, yellow, or green discharge
- Syphilis - white, yellow, or green discharge
- Chlamydia - white, yellow, or green discharge
- Trichomonas - white, yellow, or green discharge
- Bacteremialphagocytic - white, yellow, or green discharge
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## Lab Values

### Blood Gas

- pH: 7.35-7.45
- PaO2: 80-100 mmHg
- PaCO2: 35-45 mmHg
- HCO3-: 22-28 mEq/L
- pO2: 100 mmHg
- SaO2: 95%

### Cardiac markers

- Troponin: 0.01-0.05 ng/mL
- Creatinine: 0.6-1.2 mg/dL
- BUN: 6-20 mg/dL
- Creatinine: 0.6-1.2 mg/dL

### Hematology

- WBC: 4,000-11,000/mm3
- RBC: 4.5-5.5 million/mm3
- Hemoglobin: 12-16 g/dL
- Hematocrit: 36-46%
- Platelets: 150,000-400,000/mm3
- PT: 12-14 seconds
- aPTT: 30-40 seconds
- INR: 1.0-1.5

### Lipoproteins & Triglycerides

- LDL: 100-130 mg/dL
- HDL: 40-60 mg/dL
- TG: 100-150 mg/dL
- Total: 150-200 mg/dL



## Pain Assessment

### FLACC

- Face
- Legs
- Cry
- Activity
- Consolability

### Types of Pain

- Chronic: Persistent, recurrent pain that lasts more than six months.
- Acute: Sudden onset of pain, specific to injury. Lasts from seconds to six months.
- Chronic: Persistent, recurrent pain that lasts more than six months.
- Acute: Sudden onset of pain, specific to injury. Lasts from seconds to six months.

### Effects of Pain

- Chronic: Increased heart rate, increased blood pressure, increased respiratory rate, increased blood pressure, increased blood pressure, increased blood pressure.
- Acute: Increased heart rate, increased blood pressure, increased respiratory rate, increased blood pressure, increased blood pressure.

### Factors that Influence Pain

- Pain Experience
- Anxiety
- Depression
- Age
- Gender
- Culture



## Maternity

### EPID - Treatment for maternal hypotension after an epidural anesthetic

- Stop infusion of epidural
- Turn the client on her left side
- If hypotension is present, push IV fluids

### Newborn Reflexes

- **Rooting**: Infant should close if light touched to eye.
- **Moro**: Infant should extend arms and head symmetrically and then pull back in response to loud noise or jolt.
- **Palmar**: Infant should grasp finger if palm stroked.
- **Babinski**: Infant should spread toes and turn to the side of touch when the infant's foot is stroked.
- **Rooting**: Infant should suck if mouth touched before may be used in premature infants.
- **Babinski**: Infant should spread toes if sole of foot stroked from heel to ball of foot.
- **Palmar**: Infant should grasp finger out of mouth if tip of finger touched.
- **Rooting**: Infant should turn head and the head turned to the side, the infant should flex limbs on opposite side and extend limbs on the side to which head is turned.
- **Babinski**: Infant should spread toes when sole of foot is stroked from heel to ball of foot.

# 2013 Nclex Drug Study Guide

**Geralyn Frandsen, Sandra Smith  
Pennington**



## **2013 Nclex Drug Study Guide:**

**Study Guide for Pharmacology for Nursing Care** Richard A Lehne, PhD, Sherry Neely, Msn RN Crnp, Jennifer J Yeager, PhD RN Aprn, Jacqueline Burchum, Dnsc Fnp-BC CNE, Laura Rosenthal, Dnp Acnp, 2012-06 An emphasis on the key information that nursing students need to know NCLEX Examination style questions for each chapter in a variety of study review formats Case Study scenarios provide true to life practice in responding to clinical situations that are typical of contemporary medication therapy Implications of drugs and drug classes for patient care Highlighted application level questions help you integrate other nursing knowledge such as developmental considerations laboratory values and symptoms of adverse effects Critical thinking prioritization and delegation questions More questions dedicated to prioritization and delegation Increased variety of question types includes matching true false completion and other formats Decreased emphasis on questions that require lengthy free text responses Shortened question scenarios more closely resemble NCLEX Examination questions Reorganization of chapters breaks content into four sections Study Questions matching true false completion etc Critical Thinking Prioritization and Delegation Questions multiple choice multiple select Dosage Calculation Questions Case Studies Answer key now included in printed Study Guide [Study Guide for Pharmacology and the Nursing Process](#) Linda Lane Lilley, Julie S. Snyder, Shelly Rainforth Collins, 2012-12-17 Master the content from the Lilley textbook with the Study Guide for Pharmacology and the Nursing Process 6th Edition Designed to accompany Lilley's Pharmacology and the Nursing Process 6th Edition this workbook will assist you in understanding and applying material from each chapter in the text The review questions prepare you for success in pharmacology and on the NCLEX Examination Worksheets for each chapter include multiple choice questions critical thinking and application questions case studies and other educationally sound learning activities Worksheets for each chapter include NCLEX Examination style review questions critical thinking and application questions case studies and other educationally sound learning activities A Student Study Tips section provides study techniques time management skills and test taking strategies An Overview of Dosage Calculations section offers practice problems sample drug labels and a quiz In depth case studies help you apply information to real world situations NCLEX Examination Preparation sections in each chapter contain numerous NCLEX Examination style practice questions many of them application based including at least one alternate format question per chapter An increased focus on prioritization provides practice in identifying the most important need to know nursing actions Drug dosage calculation questions one of which appears in every chapter facilitate mastery of the mathematics of drug dosing

**RN's Study Guide** Vicky Li, 2016-12-05 Review Guides Certification Prep Pocket Guides [Abrams' Clinical Drug Therapy](#) Gernalyn Frandsen, Sandra Smith Pennington, 2013-01-24 This popular core nursing pharmacology textbook provides unique coverage of nursing interventions for drug therapy with related rationales Highly praised for its organized and readable presentation the text explains the why behind each nursing action and emphasizes how drugs work differently in

different patients The 10th edition has a new fresh design and approach with an added focus on patient safety integrated into the text **Basic Pharmacology for Nurses - E-Book** Michelle J. Willihnganz, Bruce D. Clayton, 2016-02-25 Known for its accurate up to date drug content and its practical application of the nursing process to drugs and disorders Clayton and Willihnganz's Basic Pharmacology for Nurses 17th Edition prepares you for safe medication administration Emphasizing the nurse's role clear guidelines cover safe drug handling types of drugs used for disorders or to affect body systems injection and enteral administration and patient education From a respected PharmD Nursing author team this full color text also provides an excellent review for the pharmacology questions on the NCLEX examination Current accurate content ensures that the most current drugs and treatment protocols are presented Application of the nursing process includes general principles of nursing care for each disorder along with nursing considerations for drug treatment plans An emphasis on safe drug handling and administration includes High Alert and Do Not Confuse icons as well as Medication Safety Alert boxes A focus on patient education and health promotion equips you for health teaching related to medications NCLEX preparation sections at the end of each chapter helps you get ready for pharmacology related questions on the NCLEX examination A study guide corresponds to the textbook and offers review questions and clinical scenarios to reinforce your understanding of nursing pharmacology Available separately UPDATED drug coverage includes the most recent FDA approvals withdrawals and therapeutic uses UPDATED guidelines cover injection and enteral medication administration with an emphasis on safe medication practice UPDATED treatment protocols include specific conditions such as asthma hyperlipidemia heart failure COPD and cancer NEW Objectives and key terms are listed at the beginning of each chapter making it easy to see chapter content at a glance **Study Guide for Nursing Care of Children - E-Book** Susan Rowen James, Julie White, 2012-03-26 Updated content reflects the changes in the Nursing Care of Children 4th Edition textbook to keep you up to date

**Community/Public Health Nursing - E-Book** Mary A. Nies, Melanie McEwen, 2018-08-31 Give your students a complete guide to community health nursing Community Public Health Nursing 7th Edition provides a unique upstream preventive focus and a strong social justice approach all in a concise easy to read text Covering the nurses role in promoting community health it shows how students can take an active role in social action and health policy emphasizing society's responsibility to protect all human life and ensuring that diverse and vulnerable populations have their basic health needs met Clinical examples and photo novellas show how nursing concepts apply to the real world Written by community health nursing experts Mary A Nies and Melanie McEwen this book describes the issues and responsibilities of today's community and public health nurse UNIQUE A social justice approach promotes health for all people including vulnerable populations UNIQUE Upstream preventive focus addresses factors that are the precursors to poor health in the community addressing potential health problems before they occur Case Studies present the theory concepts and application of the nursing process in practical and manageable examples UNIQUE Photo novellas use photographs to tell stories showing real life clinical

scenarios and applications of important community health nursing roles Application of the nursing process at the individual family and aggregate levels highlights the community perspective in all health situations Clinical examples offer snippets of real life client situations Theoretical frameworks common to nursing and public health aid in the application of familiar and new theory bases to problems and challenges in the community Healthy People 2020 boxes include the most current national health care objectives Research Highlights boxes show the application of research studies to the practice of community nursing Ethical Insights boxes highlight ethical issues and concerns that the community public health nurse may encounter Objectives key terms and chapter outlines at the beginning of every chapter introduce important concepts and terminology NEW AND UNIQUE A Veterans Health chapter presents situations and considerations unique to the care of veterans NEW Genetics in Public Health boxes reflect increasing scientific evidence supporting the health benefits of using genetic tests and family health history to guide public health interventions NEW Active Learning boxes test your knowledge of the content you ve just read helping provide clinical application and knowledge retention Maternal-Child Nursing - E-Book Emily Slone McKinney,Susan Rowen James,Sharon Smith Murray,Kristine Nelson,Jean Ashwill,2017-02-21 NEW Completely updated content includes expanded information on the late preterm infant fetal heart rate pattern identification obesity in the pregnant woman and children and the QSEN initiative UPDATED Evidence Based Practice boxes with newly researched topics offer the most current practice guidelines to promote quality care UPDATED Online resources offer the best interactive tools to learn in the most effective way possible NEW Improved consistency between maternity and pediatric sections makes it easier to switch from one area to the other for more efficient learning Family Nurse Practitioner Certification Review - E-Book JoAnn Zerwekh,Jo Carol Claborn,2016-09-01 Ensure that you re thoroughly prepared for the Family Nurse Practitioner FNP certification exam with more than 1 500 questions Family Nurse Practitioner Certification Review 3rd Edition reflects the latest evidence based clinical practice and national treatment guidelines and protocols This comprehensive resource features more than 1 500 high quality multiple choice questions with detailed rationales for correct answers Questions related to patient safety are highlighted with a QSEN safety icon to highlight the graduate level safety competency of the Quality Safety Education for Nurses initiative It also includes a companion Evolve website with virtually unlimited randomly generated practice exams that match the length and question distribution of the actual AANP and ANCC FNP certification exams More than 1 500 multiple choice questions with by detailed rationales help students understand the reasoning behind each answer Division of clinical chapters into Physical Examination and Diagnostic Tests Disorders and Pharmacology makes it easy for students to locate specific information within each system Chapters on Research and Theory and Professional Issues provide information on professional competencies important to the FNP role Multiple choice questions that mirror FNP certification exam formats give you realistic exam practice NEW Updated questions throughout review the latest evidence based clinical practice and national treatment guidelines and protocols to prepare students for the

AANP and ANCC FNP certification exams and clinical practice NEW Questions emphasizing patient safety are highlighted to reinforce the graduate level safety competency of the Quality Safety Education for Nurses initiative *Chicago Review Press Pharmacology Made Easy for NCLEX-RN Review and Study Guide* Linda Waide, Berta Roland, 2001-09 Pharmacology is the most difficult aspect of the NCLEX licensure examination for both practical and registered nurses With new drugs introduced every day and drug interactions a more serious concern than ever before nursing students need quick convenient access to up to date drug information in order to pass their licensure exams In a market dominated by lengthy tomes priced nearly double the Pharmacology Made Easy study guides are the most efficient and economical review choices available In each book 295 carefully prepared written test questions cover drug actions adverse reactions and side effects contraindications and precautions interactions nursing considerations and therapeutic benefits for more than 600 medications Complete rationales for correct and incorrect answers are provided Each book includes a 100 item interactive practice test on disk *NCLEX-RN (r) - Pharmacology Study Guide* Marnie Kramer-Kile, 2016-04 The purpose of this pharmacology study guide is to help nursing graduates work through the vast amount of pharmacological knowledge required for the NCLEX RN R in a systematic and purposeful way The breadth and detail of the knowledge required of pharmacological concepts often overwhelms new graduates when they are beginning their exam preparation This guide organizes content using the current NCLEX RN R Test Plan 2016 2019 and provides specific strategies to address pharmacological areas of review which may challenge new graduates in their exam preparation The guide was created by an experienced undergraduate nurse educator specializing in critical thinking development and application for high stakes exam writing Many candidates while studying for the NCLEX RN R often forgo studying pharmacological concepts in the detail required for the exam Unique to this Pharmacology Guide is a five step algorithm created by the author to help graduates approach drug to drug interaction questions This algorithm is designed to help uncover correct answers by using pharmacological principles rather than memorizing drugs that interact with one another The purpose of the modules in this Pharmacology study guide series are to Provide in depth review of the major drug classes from a systems approach e g respiratory nervous system etc to help increase retention of key concepts and encourage application of pharmacological therapy in the context of disease management Summarize important information related to drug therapy and guide graduates to in depth review of serious adverse events associated with medications The modules will contain summary tables review questions and exercises for key concepts Direct the reader to important areas for client assessment during drug therapy This is a working pharmacology study guide so while key information will be presented and organized for review it is up to you to do the detailed work of content review by answering the questions and exercises in each module The following resources are recommended to use with this pharmacology study guide 1 Pharmacology textbook This resource will contain the detailed information pertaining to drug classes and specific nursing considerations related to drug therapy 2 Drug guide

These resources contain alphabetized drug information and outline pharmacokinetic and pharmacodynamics characteristics of medications. You will find important information related to the absorption, distribution, metabolism, and excretions of drugs as well as protein binding and therapeutic index.

3. An online drug repository if the resources above do not contain the information needed to answer the questions in the guide. Each module contains practice questions using NCLEX RN R formatted questions. It is recommended that you seek additional practice questions from resources that challenge you to go into pharmacological concepts such as serious adverse events and drug to drug interactions in detail and test your knowledge specific nursing interventions related to drug therapy. There are a total of 12 working Modules covered in the Pharmacology Study Guide:

- Module 1: Understanding Drug to Drug Interactions
- Module 2: Drugs Affecting the Respiratory System
- Module 3: Drugs Affecting the Nervous System
- Module 4: Drugs Affecting the Gastrointestinal System
- Module 5: Vascular and Cardiac Medications
- Module 6: Drugs Affecting the Urinary and Renal System
- Module 7: Anti-Infective Medications
- Module 8: Drugs Affecting the Endocrine System
- Module 9: Antineoplastic Medications
- Module 10: Medications Given in Mental Health Contexts
- Module 11: Drugs and the Intra Ante Post Partum Client
- Module 12: Pain Management and Anesthesia

**Introductory Clinical Pharmacology, 9th Ed. + Study Guide + Med-math, 7th Ed. + Nursing Drug Guide 2013 + Nclex-pn 5000 Package**, 2012      Gale Directory of Databases, 1993. This is a guide to computer readable databases available online in CD ROM format or in other magnetic formats. Details include database descriptions, costs, and whom to contact for purchase. The material is indexed alphabetically and by subject, vendor, and producer.

NCLEX-RN Drug Guide: 300 Medications You Need to Know for the Exam Kaplan Nursing, 2015-08-04. The most streamlined, portable, and easy to use drug guide to help you pass the NCLEX RN. This pocket sized review for prospective nurses gives you the focused key information you need to know about medications commonly seen on the test. Kaplan's NCLEX RN Drug Guide includes Generic names, brand names, phonetic pronunciations, and drug families for 300 frequently tested medications. Concise nursing considerations and must know side effects for each medication. NEW Expert guidance for studying drugs effectively. Pregnancy risk category and controlled substance schedule for every drug. Common medical abbreviations you'll use on the job. Abbreviations to avoid when recording medication orders. Terms are grouped by medication category and each page features two terms with the complete explanations. With Kaplan's NCLEX RN Drug Guide you know you are getting the most up to date expert information available to prepare for the exam.

NCLEX Drug Guide Kaplan Nursing, 2019-08-06. Always study with the most up to date prep. Look for NCLEX Medication Review ISBN 9781506276359 on sale October 5, 2021. Publisher's Note: Products purchased from third party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product.

**Pharmacology NCLEX Drug Guide for Nurses** Ph D Thomas B Barker, 2019-05-13. Complete nursing mnemonics guide, pocket helpful study aids for nursing examinations like NCLEX. Easy to remember complex nursing concepts with questions and answers. Pharmacology education in nursing has become

increasingly important as nurses roles in administering prescribing and educating patients about their medications have grown Nurses are the last barrier between any particular drug and patient This is why it is so important to be knowledgeable when it comes to drug uses doses side effects and contraindications In addition to the obvious benefit of protecting our patients and fulfilling our oath to do no harm it benefits all nurses to know and be well versed in the drugs they are administering in order to protect themselves and their nursing licenses

**NCLEX Medication Review: 300+ Meds You Need to Know for the Exam** Kaplan Nursing,2023-09-05 Truly pocket sized and light Kaplan s NCLEX Medication Review provides a concise portable review of 300 medications frequently prescribed in clinical practice Reorganized to combine related therapies this slim volume reviews only the medications and key details that are most likely to be tested ideal for the home stretch of exam prep when you can t afford to be overwhelmed Streamlined Review Flashcard style pages with more than 300 frequently prescribed medications grouped by medication category subcategory Expertly revised and up to date content with nursing considerations adverse effects and purpose for each medication Organized to combine related therapies and facilitate learning of meds with similar profiles Features important alternate uses of medications black box warnings Appendix of medical abbreviations for quick reference Alphabetical index of medications by generic name for quick page reference Convenient phonetic pronunciation keys Expert Guidance Simple powerful tips for retaining medication content Reviewed and updated by Kaplan s team of expert nursing faculty and pharmacology specialists We invented test prep Kaplan [www.kaptest.com](http://www.kaptest.com) has been helping students for almost 80 years Our proven strategies have helped legions of students achieve their dreams

**NCLEX Medication Review** Kaplan Nursing,2021-10-06 Truly pocket sized and light Kaplan s NCLEX Medication Review covers only the medications and key details that are most likely to be tested This slim volume is ideal for the home stretch of NCLEX preparation when you can t afford to be overwhelmed Flashcard Style Pages with nursing considerations adverse effects and purpose for each medication Expertly Updated by Kaplan s team of nursing faculty and pharmacology specialists Organized by medication category and subcategory with generic name index for quick reference Restructured to combine related therapies facilitating study of meds with similar profiles New Sections on anesthetics and herbals now tested on the NCLEX plus important alternate uses of medications Convenient Study Tools include phonetic pronunciation keys an appendix of medical abbreviations and tips for retaining medication content Book jacket

**Pharmacology Made Easy for NCLEX-RN** Linda Waide,Berta Roland,1998-03-01 [Nclex Pharmacology](#) Chris Mulder,2017-07-26 Pharmacology is an important nursing skill set that we all must learn how to master The problem is that most books drown you in information that makes it nearly impossible to remember This book is organized in a concise way that keeps out all the fluff So if you re looking for a detailed in depth description of every possible medication then this probably isn t for you This is a review of some of the most common medications with the most relevant information written in a way you can understand Also included are 100 NCLEX style practice questions with rationales all related to nursing



pharmacology Go over the medication review first and then check your knowledge on the test Come check us out at [www.kickassnursing.com](http://www.kickassnursing.com) for the blog and other Kick Ass Books such as NCLEX Lab Values You can also print out our free STAT Guides One page printable nursing cheat sheets Good luck in nursing school and beyond

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