

The FIRM

BODY SCULPTING SYSTEM



*burn
sculpt
tone*



SYSTEM
INCLUDES

• 3 Resistance Bands
• 1 DVD (3 Workouts)
• 1 Instructional Guide

• 1 Angle Wedge
• 1 Body Sculpt Resistance Block

**3 WORKOUTS
ON 1 DVD**

Firm Your Fanny

Camilla Rothe

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