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Vital Signs in Children

Normal Heart Rates* (beats/min)

Age	Awake Rate	Sleeping Rate
Neonate	100-205	90-160
Infant	100-160	90-160
Toddler	95-140	80-120
Preschooler	80-120	65-100
School-aged child	75-118	58-90
Adolescent	60-100	50-90

Normal Respiratory Rates (breaths/min)

Age	Rate
Infant	30-60
Toddler	22-37
Preschooler	20-28
School-aged child	18-25
Adolescent	12-20

Normal Blood Pressures

Age	Systolic Pressure (mm Hg) ¹	Diastolic Pressure (mm Hg) ²	Mean Arterial Pressure (mm Hg) ²
Birth (12 h, <1000 g)	39-59	16-36	28-42 ³
Birth (12 h, ≥1 kg)	60-76	31-45	48-57
Neonate (24 h)	67-84	35-53	45-60
Infant (1-12 mo)	72-104	37-56	50-62
Toddler (1-2 y)	80-106	42-63	49-62
Preschooler (3-5 y)	89-112	46-72	58-69
School-aged child (6-7 y)	97-115	57-76	66-72
Preadolescent (10-12 y)	102-120	61-80	71-79
Adolescent (12-15 y)	110-131	64-83	73-84

*Always consider the patient's normal range and clinical condition. Heart rate will normally increase with fever or stress.

¹Systolic and diastolic blood pressure ranges assume 50th percentile for height for children 1 year and older. Mean arterial pressure (diastolic pressure + [difference between systolic and diastolic pressure]/3) for 1 year and older, assuming 50th percentile for height.

²Approximately equal to gastrocnemius age-adjusted (mm Hg).

³Reproduced from Rosow AM. Children are different. In: Rudolph AM, ed. *Staring Data of the Circulatory & Cardiac Unit*. St Louis, MO: Mosby; 1993:4-15, copyright Elsevier. Data from Samuels M, Mangione R, Mann C. De Lora R. Longitudinal study of blood pressure during the first year of life. *Am J Pediatr*. 1986;146(5):544-550. Copyright 1986, Williams JB, Wilkins RB, Gregory GA, Boring RM. Adult blood pressure during the first 12 hours of life in infants with birth weight 675 to 4,200 grams. *Pediatrics*. 1981;67(4):607-613. Rosow M, Zientara AL. Analysis of the evidence for the lower limit of systolic and mean arterial pressure in children. *Pediatr Crit Care Med*. 2007;8(2):106-114, and National High Blood Pressure Education Working Group on High Blood Pressure in Children and Adolescents. The Fourth Report on the Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children and Adolescents. Bethesda, MD: National Heart, Lung, and Blood Institute; 2004. Nhlbi publication 00-51907.

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2015 Pals Study Guide:

Pediatric Advanced Life Support Study Guide Aehlert, 2017-01-16 Fully revised to meet the 2015 CPR ECC Guidelines and to prepare students and professionals for PALS certification and recertification *Pediatric Advanced Life Support Study Guide Fourth Edition* provides a clear and complete approach to managing pediatric emergencies Designed for use by the spectrum of healthcare professionals the Fourth Edition provides users with the critical information needed to approach real life pediatric emergencies The Fourth Edition includes End of chapter quizzes with answers and objectives as well as a comprehensive posttest to gauge material comprehension Case studies at the end of appropriate chapters for practice with real world material application Clear procedural explanations written in descriptive yet accessible language A refined Table of Contents including standalone chapters on cardiac dysrhythmias for focused learning and study PALS Pearl boxes for text to everyday clinical application In text references for deeper research if desired **Cognitive Impairment and Physical**

Function in Older Adults José Daniel Jiménez García, Daniel Velázquez Díaz, Diego A. Bonilla, Antonio Martinez-Amat, Richard Kreider, Francisco Álvarez Salvago, 2025-08-20 The rapid growth of the aging population is related with prevalent age related cognitive impairments usually associated with problems in quality of life and increased cost of healthcare Older adults with neurocognitive disorders have been identified as having a high risk of falling Nonetheless the relationship of neurocognitive disorders with physical function has been poorly studied Currently there are numerous studies that have analyzed the association between the cognitive status in with physical function in older people In addition relationship said cognitive status with serious problems such as sarcopenia and the risk of falls In this line there are RCTs that are being offered that have demonstrated efficacy on physical and cognitive improvement in older people such as multicomponent exercise programs qigong training and resistance exercise programs Strange and Schafermeyer's Pediatric Emergency Medicine, Fifth Edition Robert W. Schafermeyer, Milton Tenenbein, Charles G. Macias, Ghazala Sharieff, Loren Yamamoto, 2018-09-22 Concise current need to know coverage of emergency medicine in children presented in full color Endorsed by the American College of Emergency Physicians a comprehensive and current resource for anyone who cares for children in an acute setting from the office to the emergency department Its presentation is straightforward and the information is easy to read and assimilate It will be a valuable resource for those in the field of pediatric emergency medicine as well as other practitioners who occasionally care for sick children JAMA reviewing an earlier edition This clinically focused guide covers the entire field of pediatric emergency medicine Featuring a strong focus on practical need to know information *Pediatric Emergency Medicine Fifth Edition* is bolstered by numerous full color images bulleted High Yield Facts at the beginning of each chapter nearly 100 diagnostic and treatment algorithms and treatment tables with drug dosages Endorsed by the American College of Emergency Physicians this book is perfect for use in the emergency department or the pediatric clinic FEATURES Chapters open with bulleted High Yield Facts followed by just enough

pathophysiology for understanding and continue with a focus on what needs to be done to protect and save the child Broad scope spans the full spectrum of pediatric emergencies from trauma care to psychosocial emergencies NEW CHAPTER on Brief Resolved Unexplained Events BRUE Opens with an important symptom based section of Cardinal Presentations that familiarizes you with crucial life saving protocols Covers all major categories of disease that present in children on an urgent or emergent basis If you are in need of a very readable and easily accessible evidence based text written to help you provide high quality emergency medical care to children your search ends here *ACTFL 2005-2015* American Council on the Teaching of Foreign Languages, 2006 The eleven chapters of this ACTFL volume approach language education from a variety of perspectives including the history and current status of language policies language needs of our government and our international businesses teachers teaching and learning assessment instructional technology heritage learners less commonly taught languages and special learners This volume s authors accepted the challenge of answering the following basic questions related to their topic as well as that of expanding upon their themes Where are we now Where should we be or Where could we be How do we realize our vision of languages for all *Yearbook of International Organizations 2014-2015 (Volume 4)* Union Of International Associations, Union of International Associations, 2014-09-17 The Yearbook of International Organizations provides the most extensive coverage of non profit international organizations currently available Detailed profiles of international non governmental and intergovernmental organizations IGO collected and documented by the Union of International Associations can be found here In addition to the history aims and activities of international organizations with their events publications and contact details the volumes of the Yearbook include networks between associations biographies of key people involved and extensive statistical data Providing both an international organizations and research bibliography Volume 4 cites over 46 000 publications and information resources supplied by international organizations and provides nearly 18 000 research citations under 40 subject headings This volume also includes a research bibliography on international organizations and transnational associations **Forthcoming Books** Rose Arny, 1997

Planning & Changing, 2015 **Children's Books in Print** R R Bowker Publishing, Bowker, 1999-12 **Rudolph's Pediatrics, 24th Edition** Mark W. Kline, Jordan S. Orange, Angelo P. Giardino, Mahesh M. Rathore, Z Leah Harris, Antonio Cabrera, 2026-01-30 The landmark pediatrics reference updated with timely new content and more clinically relevant than ever Rudolph s Pediatrics has virtually defined the pediatric field for over a century becoming one of the most important and well respected pediatrics texts ever published Renowned for its balance of clinical features and treatment of disease with underlying biological principles this classic sourcebook has helped generations of pediatricians optimize their care of infants children and adolescents This twenty fourth edition of Rudolph s Pediatrics continues a long tradition of adapting its content to changes in our understanding of children s health and disease providing an up to date in depth survey of pediatric medicine unmatched by any other text With its algorithmic approach to pediatric systems the book facilitates the diagnosis

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