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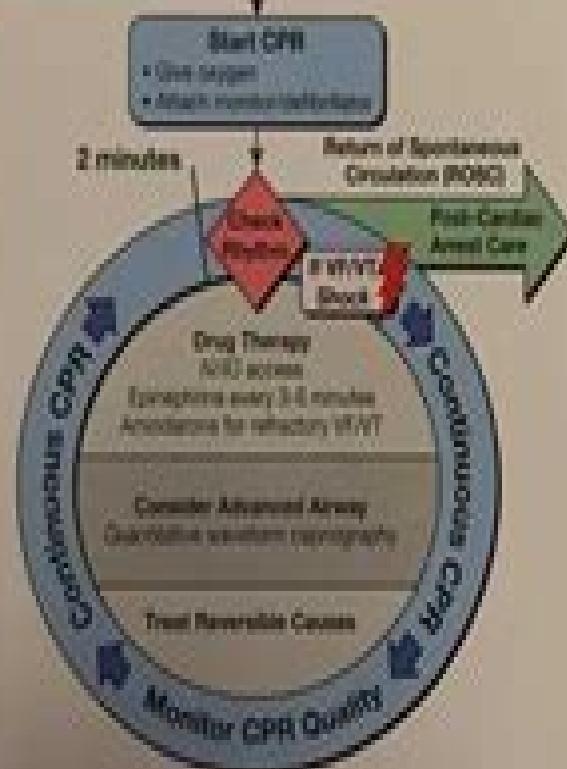
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ACLS

Cardiac Arrest, Arrhythmias, and Their Treatment

Cardiac Arrest Circular Algorithm

Should You Help/Activate Emergency Response



Orders/Details for the Cardiac Arrest Algorithms

CPR Quality

- Push hard (2 inches [5 cm] and fast [100/min] and allow complete chest recoil)
- Minimize interruptions in compressions
- Adult resuscitation ventilation
- Rotate compressions every 2 minutes
- If no advanced airways, 90 compressions:ventilation ratio
- Quantitative measures
 - Capnography
 - If $\text{EtCO}_2 < 10 \text{ mm Hg}$, attempt to improve CPR quality
- Intermittent pressure
 - If sustained chest compressions pressure $< 20 \text{ mm Hg}$, attempt to improve CPR quality

Return of Spontaneous Circulation (ROSC)

- Pulse and blood pressure
- Adult sustained increase in EtCO_2 (potentially with no leg)
- Spontaneous arterial pressure waves with intra-arterial monitoring

Shock Energy

- Epinephrine: 1 mg bolus, recommendation 0.5 mg, rate of 100-200 J. If ineffective, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered.
- Magnesium 500 mg

Drug Therapy

- Epinephrine (100 μg bolus, 1 mg every 3-5 minutes)
- Magnesium (500 mg bolus, 1000 mg can replace first or second dose of epinephrine)
- Amiodarone (100 μg bolus, first dose: 300 mg, second dose: 150 mg)

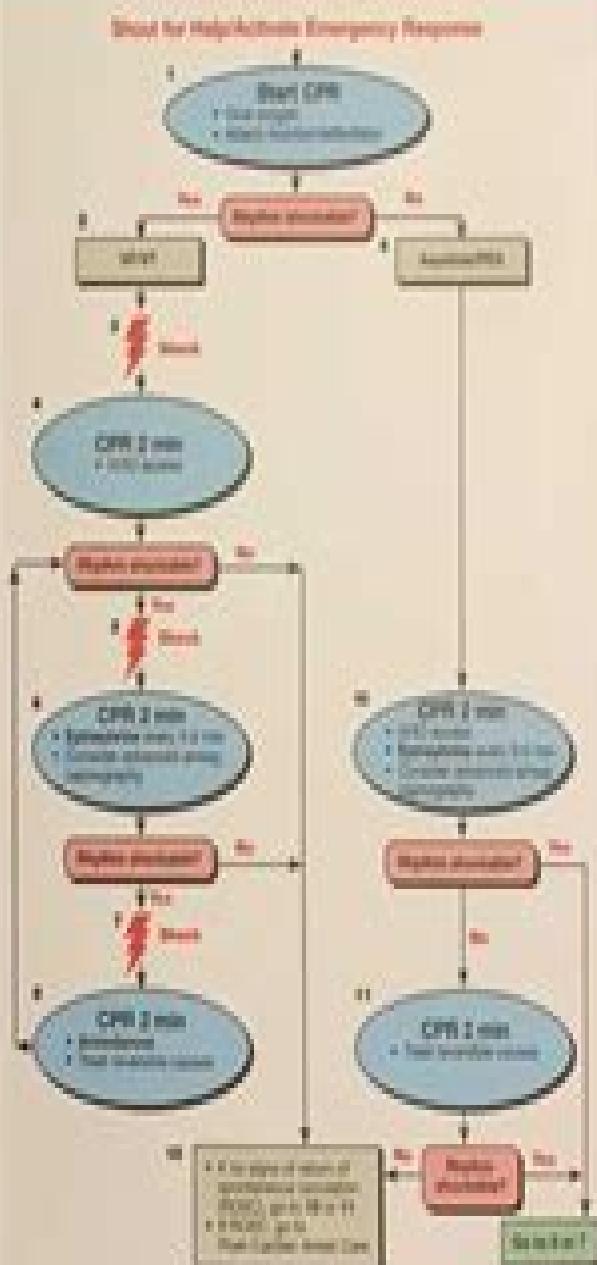
Advanced Arrest

- Sustained advanced arrest or unresponsive stimulants
- Vasopressin capnography to confirm and repeat ET tube placement
- 8-10 breaths per minute with continuous chest compressions

Reversible Causes

- Hypovolemia
- Hypoxia
- Hypoglycemia
- Hypotension
- Tension pneumothorax
- Torsades, ventricular fibrillation
- Burns
- Bleeding, pulmonary
- Thrombosis, sepsis

Cardiac Arrest Algorithm



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Yicheng Fang

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