

For trained lay rescuers and healthcare professionals

Adult CPR Reference

1

Tap and shout
Are you CPR?
No response
No breathing or gasping only
Possible serious injury



Assess scene safety, then:

- Call for help
Local emergency number _____
- Get AED or send someone to get AED

Note: Healthcare professionals may check for a pulse, but take no longer than 10 seconds.

2

Compressions
100 to 120 compressions/min
Depth: 2 to 2.4 inches
Rate: 100 to 120/min



Start chest compressions

Start chest
Give 30 chest compressions
Release pressure completely
Minimize interruptions

3



Give rescue breaths

- Open airway, give 2 breaths
- Provide cycles of 30 compressions and 2 breaths

Note: Untrained lay rescuer should continue with hands-only compression.

AED Reference

4

Activate AED as soon as possible
CPR
Perform CPR until
AED is available



Turn on AED

- Apply electrode pads to bare chest
- Follow visual and voice prompts



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College of Emergency Physicians**

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Handbook of Research on Blended Learning Pedagogies and Professional Development in Higher Education Keengwe, Jared,2018-07-20 Online and blended courses are becoming increasingly prevalent in higher education settings and the pressures to incorporate these environments highlights the increased demand to serve a generation that prefers learning through experience or through interacting with learning tools Challenges arise in assisting instructors in facilitating and designing blended learning environments that will provide effective learning for all students The Handbook of Research on Blended Learning Pedagogies and Professional Development in Higher Education is a critical research publication that delves into the importance of effective professional development for educators planning and teaching online or blended courses It also establishes the benefits of technology mediated learning environments over traditional learning methods Highlighting a wide array of topics such as online learning environments active learning model and educational development this publication explores technology based teaching methods in higher education This book is targeted toward educators educational administrators academicians researchers and professionals within the realm of higher education

Sports

Physician Handbook Yannis P. Pitsiladis,YUNG Shu Hang Patrick,Mark R. Hutchinson,Fabio Pigozzi,2025-08-21 Sports Physician Handbook the fourth edition of Team Physician Manual International Federation of Sports Medicine FIMS covers all key area of activity and intervention from the preparticipation examination to rehabilitation drug testing young athlete female athlete and even environmental issues The book also surveys the most significant classifications of sports injury offering clear advice on fieldside assessment diagnosis and treatment as well as examining best practice in general aspects of sports medicine such as prevention and the psychology of injury Sports Physician Handbook continues the high caliber of authorship from a team of world leading physicians and scientists from around the world In short the fourth edition represents a must have reference for any doctor scientists physical therapist or medical professional working in sport Covers all key areas of knowledge needed by sports practitioners interested in protecting the health of athletes Includes new sections on brain trauma concussions mental health and environmental issues Provides a new chapter on big data wearables AI and telemedicine

Fundamentals of Athletic Training 4th Edition Cartwright, Lorin A.,Peer, Kimberly,2019

Fundamentals of Athletic Training Fourth Edition provides a clear understanding of the functions skills and activities that are involved in the work of certified athletic trainers This book helps students evaluate the possibility of a career as a sports medicine professional

THE BIG BOOK OF JOBS 2012-2013 McGraw Hill,2011-08-12

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career path Building career management skills Researching careers in the information age Writing effective cover letters and polished resumes The Occupational Outlook Handbook offers the latest statistics on Working conditions Employment trends and outlooks Training qualifications and advancement Salary ranges

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Rudolph's Pediatrics, 23rd Edition

Mark W.

Kline,Susan M. Blaney,Angelo P. Giardino,Jordan S. Orange,Daniel J. Penny,Gordon E. Schutze,Lara S.

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assisting anaesthetists and other acute care doctors and nurses to save patient lives and improve patient safety care for the past 15 years This fourth edition continues to present a step by step guide to anaesthetic practice It has been fully revised and updated to reflect current best practice in the management of almost every type of anaesthetic emergency Examples include the latest cardiac arrest management guidelines from the Australian Resuscitation Council management of the Can t Intubate Can t Oxygenate situation the most current recommendations for the management of anaphylaxis from the ANZCA Anaesthetic Allergy Group No other anaesthetic manual on the market is as compact comprehensive and user friendly as the Westmead Anaesthetic Manual It is the book you need when dealing with the complex the unexpected and the dreaded in anaesthetic practice Anthony P Padley MBBS UNSW FANZCA is a Senior Staff Specialist Anaesthetist at Westmead Hospital and a VMO Anaesthetist at Westmead Private Hospital

AACN Essentials of Critical Care Nursing, Third Edition

Suzanne M. Burns, 2014-05-22 Concise yet thorough guidance on how to safely and competently care for adult critically ill patients and their families A Doody s Core Title for 2017 Endorsed by the American Association of Critical Care Nurses AACN and written by top clinical experts in critical care nursing this textbook covers all the must know details on the care of adult critically ill patients and their families Supported by helpful tables and algorithms the book s practical building block organization starts with the basics before proceeding to more complex concepts AACN Essentials of Critical Care Nursing includes essential content found in ECCO Essentials of Critical Care Orientation an online program offered by AACN key information necessary to successfully prepare for CCRN certification in critical care nursing and much more AACN Essentials of Critical Care Nursing is divided into four sections THE ESSENTIALS presents core information that new clinicians must understand to provide safe competent nursing care to all critically ill patients regardless of their underlying medical diagnoses PATHOLOGICAL CONDITIONS covers pathologic conditions and management strategies commonly encountered among adult critical care patients ADVANCED CONCEPTS IN CARING FOR THE CRITICALLY ILL PATIENT moves beyond the essentials and presents advanced critical care concepts or pathologic conditions that are less common or more specialized than expected in critical care practice KEY REFERENCE INFORMATION features normal laboratory and diagnostic values algorithms for advanced cardiac life support troubleshooting guides for hemodynamic monitoring summary tables of critical care drugs and cardiac rhythms and treatment guides Learning aids include Knowledge Competencies that can be used to gauge progress and Essential Content case studies with questions and answers to further reinforce your knowledge

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Pharmacotherapy: A Pathophysiologic Approach, Eleventh Edition Joseph T. DiPiro, Gary C. Yee, L. Michael Posey, 2020-07-03 Publisher's Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product 25 additional chapters available online The classic guide to driving optimal patient outcomes using evidence based medication therapies updated with the latest advances and guidelines Presented in full color *Pharmacotherapy A Pathophysiologic Approach* 11th Edition helps you deliver the highest quality patient care through evidence based medication therapy derived from sound pharmacotherapeutic principles It takes you beyond drug indications and dosages showing how to properly select administer and monitor drugs everything you need to provide safe effective drug therapy across all therapeutic categories With all new monitoring tables and authoritative content from 300 expert contributors this new edition has been fully updated to reflect the latest evidence based information and recommendations You'll find Key Concepts at the beginning of each chapter Clinical Presentation tables that summarize disease signs and symptoms and Clinical Controversies boxes that examine the complicated issues faced by students and clinicians in providing drug therapy Why *Pharmacotherapy A Pathophysiologic Approach* is perfect for students pharmacists and other healthcare providers All chapters provide the most current reliable and relevant information available Key concepts kick off every chapter Clinical Presentation Tables summarize disease signs and symptoms The majority of sections include personalized pharmacotherapy content Clinical Controversies Boxes clarify the most complex drug therapy issues you'll face Diagnostic flow diagrams treatment algorithms dosing recommendations and monitoring approaches have been updated in full color to distinguish treatment pathways Most disease oriented chapters are enhanced by updated evidence based treatment guidelines which often include ratings of the level of evidence to support key therapeutic approaches Instructors who adopt this text are eligible for a PowerPoint presentation of all images and answers to Self Assessment Questions The most trusted guide of its kind for decades *Pharmacotherapy A Pathophysiologic Approach* is the go to text for students and practitioners seeking clear objective coverage of core pathophysiologic and therapeutic elements

California Emergency Medical Services Law California, 2013 **CPR/AED Manual** Canadian Red Cross Society, Société canadienne de la Croix-Rouge, 2006 *Cal-OSHA Reporter*, 1978 **The Michigan Journal**, 1987

Advanced First Aid, CPR, and AED Alton L. Thygerson, Steven M. Thygerson, Benjamin Gulli, Gina M. Piazza, American Academy of Orthopaedic Surgeons, American College of Emergency Physicians, 2011-03-29 Topics covered in First Aid CPR and AED Standard include current CPR and ECC guidelines core information for first aiders explanations and visual summaries of important skills decision making processes and appropriate procedures

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