

## Adults &amp; adolescents 12+ years

## Personalized asthma management:

Assess, Adjust, Review response

Symptoms  
Exacerbations  
Side-effects  
Lung function  
Patient satisfaction



Confirmation of diagnosis if necessary  
Symptom control & modifiable risk factors (including lung function)  
Comorbidities  
Inhaler technique & adherence  
Patient preferences and goals

Treatment of modifiable risk factors and comorbidities  
Non-pharmacological strategies  
Asthma medications (adjust down or up)  
Education & skills training

ICS-formoterol is the preferred reliever for patients prescribed maintenance and reliever therapy. For other ICS-LABAs, the reliever is SABA

## Asthma medication options:

Adjust treatment up and down for individual patient needs

## PREFERRED CONTROLLER

to prevent exacerbations and control symptoms

Other controller options

## STEP 1

As-needed low dose ICS-formoterol \*

Low dose ICS (span whenever SABA is taken †)

## STEP 2

Daily low dose inhaled corticosteroid (ICS), or as-needed low dose ICS-formoterol \*

Daily leukotriene receptor antagonist (LTRA) or low dose ICS taken whenever LABA taken †

## STEP 3

Low dose ICS-LABA

Medium dose ICS, or low dose ICS+LTRA †

## STEP 4

Medium dose ICS-LABA

High dose ICS, add-on tiotropium, or add-on LTRA †

## STEP 5

High dose ICS-LABA  
Refer for phenotypic assessment & add-on therapy e.g. tiotropium, anti-IgE, anti-IL5/5R, anti-IL4/13

Add low dose OCS, but consider side-effects

## PREFERRED RELIEVER

Other reliever option

As-needed low dose ICS-formoterol \*

As-needed low dose ICS-formoterol for patients prescribed maintenance and reliever therapy‡

As-needed short-acting  $\beta_2$ -agonist (SABA)

\* Data only with budesonide-formoterol (bud-form)

† Separate or combination ICS and SABA inhalers

‡ Low-dose ICS-form is the reliever only for patients prescribed bud-form or BDP-form maintenance and reliever therapy

§ Consider adding HDM SLIT for sensitized patients with allergic rhinitis and FEV1 &gt;70% predicted

# Bronchial Asthma Gina Guidelines 2013

**Mark E. Maruish**



## **Bronchial Asthma Gina Guidelines 2013:**

Handbook of Psychological Assessment in Primary Care Settings Mark E. Maruish, 2017-04-21 The second edition Handbook of Psychological Assessment in Primary Care Settings offers an overview of the application of psychological screening and assessment instruments in primary care settings This indispensable reference addresses current psychological assessment needs and practices in primary care settings to inform psychologists behavioral health clinicians and primary care providers the clinical benefits that can result from utilizing psychological assessment and other behavioral health care services in primary care settings Textbook of Allergy for the Clinician Pudupakkam K. Vedanthan, Harold S. Nelson, Shripad N. Agashe, PA Mahesh, Rohit Katial, 2021-02-04 This is the second and updated version of the Textbook of Allergy for the Clinician It is a unique book in the field of allergy The uniqueness lies in the international character of the book with contributors representing both the East and West This book represents the diversity of issues affecting patients in the specialty of allergy asthma immunology There is some discussion of the basic mechanisms involved and extensive elaboration for the clinicians This book will appeal to medical students residents and fellows undergoing training as well as consultants in academic and clinical practice settings The color plates especially in the section on Aerobiology will help in the interaction between the patient and consultant in identifying the plant or flora which is the causative factor The differences and similarities between the Eastern and Western approaches in the practice of the specialty are being addressed for the first time in a book **Ferri's Clinical Advisor 2024, E-Book** Fred F. Ferri, 2023-06-13 For more than 25 years Ferri's Clinical Advisor has provided immediate answers on the myriad medical diseases and disorders you're likely to encounter in a unique easy to use format A bestselling title year after year this popular 5 books in 1 reference delivers vast amounts of information in a user friendly manner It is updated annually to provide current and clinically relevant answers on over 1 000 common medical conditions including diseases and disorders differential diagnoses clinical algorithms laboratory tests and clinical practice guidelines all carefully reviewed by experts in key clinical fields Extensive algorithms along with hundreds of high quality photographs illustrations diagrams and tables ensure that you stay current with today's medical practice Contains significant updates throughout all 5 sections covering all aspects of diagnosis and treatment Features 26 all new topics including monkeypox occupational asthma care of the transgender patient infantile hypotonia long COVID medical marijuana cannabinoid use disorder and abuse of performance enhancing hormones among others Includes useful appendices covering palliative care preoperative evaluation nutrition poison management commonly used herbal products in integrated medicine and much more Offers online access to Patient Teaching Guides in both English and Spanish An eBook version is included with purchase The eBook allows you to access all of the text figures and references with the ability to search customize your content make notes and highlights and have content read aloud **Ferri's Clinical Advisor 2022, E-Book** Fred F. Ferri, 2021-06-09 Access immediate answers on the medical conditions you're likely to see with this unique

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