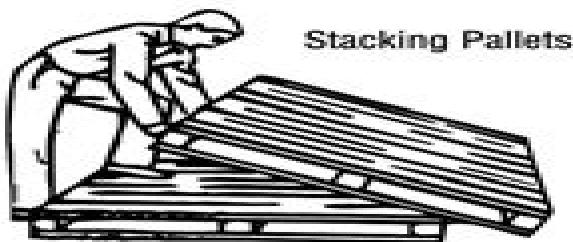
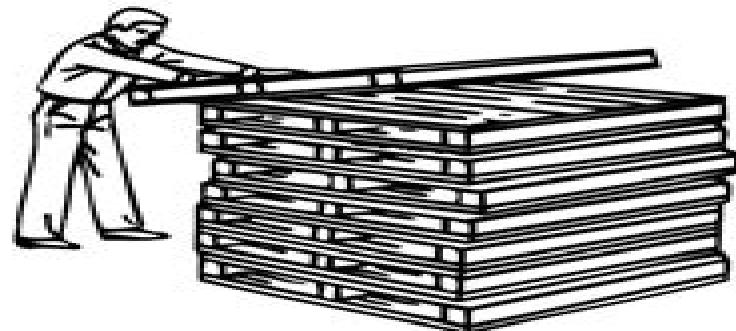


# Safe Manual Handling of Pallets



Stacking Pallets



Unstacking Pallets



Wooden pallets weight between 23-45kg.

The hazards of pallet handling include wood splinters, hitting the hands, feet and lower leg together with back and shoulder strain.

Pallets are normally taken from the stack by sliding. The higher the stack, the greater the likelihood of injury.

**Whenever the pallets are stacked and unstacked, if possible, a forklift should be used.**

If this is not possible then 2 people should move the pallet particularly when stacking.

The following guidelines should be followed for the handling of pallets:

- Individuals should not stack pallets more than 6ft high.
- Individuals should not unstack pallets from stacks greater than 8 pallets high.
- If a 2nd person is available, pallets can be stacked and unstacked to 8 high.
- Pallets should always be placed right side up and the wood grain aligned for easy sliding.
- Maintain control of the pallet all through the handling and be aware of possible hand injuries through splinters.

# Osha Manual Pallet Jack Regulations

**Matthew M. Carmel**

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*Full Committee Hearing Reducing the Regulatory Burden on Small Business* United States. Congress. House. Committee on Small Business, 2007    **Brewery Safety** Matt Stinchfield, 2023-08-22 Brewers of all sizes should uphold the value of safety alongside their edgy brands and creative and carefully crafted beers and other beverages It's the responsibility of all brewery employees to assess hazards learn how to control or eliminate them and to document and train each other on the safest ways to perform tasks It's not just about government regulation but it is also about making your brewery the best brewery possible for your beer your staff and your visitors Breweries face hazards that can be divided into physical chemical biological ergonomic and psychosocial hazards Learning to address these aspects of safety to ensure a safe product and working environment is paramount From physical trauma to chemical irritations biological hazards to psychosocial hazards Brewery Safety explores in depth how to think about and avoid these hazards Brewers will learn to evaluate educate and execute safety conscious measures to ensure that the working environment welfare of staff and the quality of the product are first and foremost    **Professional Safety** ,2003    **Educational Resources in Agricultural Health and Safety** ,1999

*The Southern Lumberman* ,1972    Library Storage Facilities Wyoma van Duinkerken,Wendi Arant Kaspar,Paula Sullenger,2018-08-17 Library Storage Facilities From Planning to Construction to Operation examines high density library storage facilities considering how such facilities are changing the nature of collection management The book discusses the types of storage facilities and explores how institutions can collaborate and embrace cost saving options through opening shared off site storage facilities addressing common needs and maximizing value and space in on campus libraries Considering a unique partnership between the Texas A M University System and the University of Texas System the book highlights best practice and lessons learned during implementation Topics covered include storage strategies geometric efficiency systems integration environmental control and more Provides insights on the importance of high density library storage facilities Lays out the process for funding planning and building collaborations around storage facilities Shows how to prepare a storage facility for operation in terms of staffing workflow and equipment Considers repurposing existing structures as a way of building a storage facility Presents how to incorporate a storage facility into services and operations

**Thomas Register** ,2004    Transportation & Distribution ,1994    **Best's Safety Directory** ,1990    **Thomas Register of American Manufacturers** ,2003 Vols for 1970 71 includes manufacturers catalogs    *Video Source Book* ,2006 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction    **PRODUCTS & SERVICES** ,2005    **Video Source Book** Gale Group,1999-10-28 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction    **OSHA Safety Regulation** United States. Osha Task Force,1977    *A Mechanical*

*Contractor's Guide to OSHA Regulations* ,1979 This manual has been prepared to assist mechanical contractors to improve safety at worksites prevent accidents and injuries and comply with requirements of the Occupational Safety and Health Act OSHA    *A Guide to OSHA Regulations on Storing and Handling Flammable and Combustible Liquids* Matthew M. Carmel,1991    **OSHA Guide** United States. Occupational Safety and Health Administration,197?    *Pocket Guide to the OSHA Regulations for the Construction Industry* National Safety Compliance,2015-01-14    **Pocket Guide to the OSHA Regulations for the Construction Industry** ,2012-08-20    Reference Guide for OSHA & ADA Rules and Regulations Ryan Rainwater,2008

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