

## Free-American Red Cross Lifeguard TEST / (MED 302) 2022 Emergency Medicine Red Cross Lifeguard Test complete Guide Latest

How can you best protect yourself from possible blood borne pathogen transmission when providing care?

- a. Ask the victim first if they have any communicable diseases.
- b. Thoroughly wash your hands before providing care.
- c. Use first aid supplies, such as dressings and bandages, as a barrier when in contact with the victim.
- d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care.** {{Ans- D

A 12-year-old child at a swim meet grabs their chest and begins to make wheezing noises. After you obtain consent to provide care, the child's parent informs you that the child has a history of asthma, but does not have an inhaler nearby. What care should you provide?

- a. Give 5 back blows.
- b. Summon more advanced medical personnel and place the victim into a position that helps breathing.**
- c. Tell the victim to use an inhaler borrowed from a bystander.
- d. Wait 20 minutes to see if the breathing difficulty goes away. {{Ans- B

Your initial impression of a victim is based on:

- a. The victim's initial vital signs.
- b. How the victim appears to you as you size up the scene.**
- c. The victim's SAMPLE history.
- d. What you have been told about the victim. {{Ans- B

You and another lifeguard find an unresponsive adult on the floor in the locker room. You activate your facility's EAP, size-up the scene, form an initial impression and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then:

- a. Give ventilations at a rate of about every 5-6 seconds.**
- b. Give back blows and chest thrusts.
- c. Give quick breaths at the rate of 20 to 40 a minute.
- d. Perform CPR. {{Ans- A

You arrive on the scene where a patron appears to be injured. Before approaching the victim, which of the following will you NOT do as you size-up the scene?

- a. Begin performing the primary assessment.**
- b. Use all your senses to determine if the scene is safe.
- c. Form an initial impression.



# American Red Cross Lifeguard Study Guide

**David M. Dunfield**



## **American Red Cross Lifeguard Study Guide:**

**American Red Cross Lifeguard Exam** Educational Testing Group, 2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills     *MTS/PFE Study Guide* ,1982     *Promotion Fitness Examination Study Guide* ,2003     **Exploring Osaka** David M. Dunfield,1993 A comprehensive English language guide to the city of Osaka for business travellers and tourists alike Second only to Tokyo as a banking and trade centre of Japan Osaka is a centre of tradition and culture as well the home of bunraku puppet theatre for example and is minutes by rail from Japan s ancient capitals of Kyoto and Nara A variety of suggested sightseeing itineraries are included as well as recommended museums restaurants and hotels a list of festival dates and sources of additional information     **Subject Guide to Books in Print** ,2001     **Lifeguarding Today** American Red Cross,1995     *Ferguson Career Resource Guide to Internships and Summer Jobs, 2-Volume Set* Carol Turkington,2014-05-14 Provides details on over 550 internships and summer jobs     [Subject Guide to Children's Books in Print 1997](#) Bowker Editorial Staff,R R Bowker Publishing,1996-09     [Certification and Accreditation Programs Directory](#) Michael A. Paré,1996 Providing detailed profiles on certification and accreditation programmes in the US this book includes information on certification and accreditation programmes that denote skill level professionalism accomplishment and excellence     [Starguard](#) Jill E. White,2012 The fourth edition of StarGuard Best Practices for Lifeguards presents the essentials of lifeguarding helping lifeguard candidates become skilled and proactive This resource contains the latest research in lifeguarding and lifesaving including the most current CPR AED and first aid content Integrating each of these components into an experiential methodology of training lifeguards is a hallmark of the StarGuard certification program

**The New York Times Magazine** ,1977     **Paperbound Books in Print** ,1992     *Films and Other Materials for Projection* Library of Congress,1973     [The 1984 Guide to the Evaluation of Educational Experiences in the Armed Services](#) American Council on Education,1984     [Martindale-Hubbell Buyer's Guide](#) ,1997     [The 1980 Guide to the Evaluation of Educational Experiences in the Armed Services: Army](#) American Council on Education,1980     *The Back Door Guide to Short-term Job Adventures* ,2002     *Books in Print* ,1994     **Monthly Bulletin - League of Red Cross Societies** ,1947

**Lifeguarding Manual** American National Red Cross,2023-12-31

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