

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the structure and function of the human body



Anatomy

The scientific study of the structure of the human body

Physiology

The scientific study of the function of the human body

Structural levels

Also known as the levels of organization of the human body

- 1. Chemical level - study of the chemical composition of the body
- 2. Cellular level - study of the structure and function of cells
- 3. Tissue level - study of the structure and function of tissues
- 4. Organ level - study of the structure and function of organs
- 5. System level - study of the structure and function of body systems
- 6. Organism level - study of the structure and function of the whole body

CELLS AND TISSUES

Cells are the basic units of structure and function of the body



Composition of cellular fluids

Cells are composed of various fluids

Extracellular fluid - fluid outside the cell

Intracellular fluid - fluid inside the cell

Interstitial fluid - fluid between cells

Blood plasma - fluid part of blood

Organic fluids - fluids containing organic molecules

Inorganic fluids - fluids containing inorganic molecules

Electrolytes - substances that conduct electricity

Non-electrolytes - substances that do not conduct electricity

Acids - substances that release hydrogen ions

Bases - substances that accept hydrogen ions

pH - measure of acidity or alkalinity

Homeostasis - the body's ability to maintain a stable internal environment

Feedback loops - mechanisms that regulate homeostasis

Positive feedback - amplifies a response

Negative feedback - reduces a response

Set point - the desired value of a variable

Range - the acceptable range of values for a variable

Stimulus - a change in the environment that triggers a response

Receptor - a structure that detects a stimulus

Effector - a structure that responds to a stimulus

Response - the body's reaction to a stimulus

Control center - the part of the system that coordinates the response

Feedback - the process by which the response is monitored and adjusted

Homeostatic imbalance - a state in which the body's internal environment is not stable

Disease - a condition that disrupts the body's normal function

Disorder - a condition that causes abnormal function

Symptom - a sign or sensation that indicates a problem

Sign - an objective indication of a problem

Symptom - a subjective indication of a problem

Diagnosis - the process of identifying a disease or condition

Treatment - the process of managing a disease or condition

Prognosis - the likely outcome of a disease or condition

Prevention - the process of avoiding a disease or condition

Health - the state of being free from disease or injury

Wellness - the state of being in good health

Quality of life - the degree to which a person is able to live a fulfilling life

Longevity - the length of a person's life

Mortality - the state of being dead

Morbidity - the state of being sick or diseased

Mortality rate - the number of deaths per 1,000 people per year

Morbidity rate - the number of cases per 1,000 people per year

Life expectancy - the average number of years a person is expected to live

Life span - the maximum number of years a person can live

Health care - the services and products used to promote and maintain health

Medical profession - the group of people who are trained to provide medical care

Health care system - the organization and delivery of health care services

Public health - the branch of medicine that deals with the prevention and control of disease

Community health - the branch of public health that deals with the health of a community

Global health - the branch of public health that deals with the health of the world

CELLS

Cells are the basic units of structure and function of the body

Prokaryotic cells - cells without a nucleus

Eukaryotic cells - cells with a nucleus

Animal cells - cells without cell walls

Plant cells - cells with cell walls

Fungal cells - cells with cell walls and nuclei

Bacterial cells - cells without nuclei

Viral cells - cells without cellular structure

Protozoan cells - cells without cell walls and nuclei

Algal cells - cells with cell walls and chloroplasts

Fungal hyphae - long, thin structures that make up fungi

Spores - reproductive cells that can survive in harsh conditions

Conidia - asexual spores of fungi

Zygotes - the product of sexual reproduction

Gametes - haploid reproductive cells

Meiosis - the process of cell division that results in four haploid cells

Mitosis - the process of cell division that results in two diploid cells

Apoptosis - the process of programmed cell death

Autophagy - the process of breaking down and recycling cellular components

Exocytosis - the process of moving materials out of the cell

Endocytosis - the process of moving materials into the cell

Phagocytosis - the process of engulfing large particles

Pinocytosis - the process of taking in small molecules

Osmosis - the movement of water across a semipermeable membrane

Diffusion - the movement of molecules from high to low concentration

Active transport - the movement of molecules against their concentration gradient

Passive transport - the movement of molecules down their concentration gradient

Facilitated diffusion - the movement of molecules through a protein channel

Osmotic pressure - the pressure that must be applied to prevent osmosis

Tonicity - the relative concentration of solutes in a solution

Isotonic - a solution with the same concentration of solutes as the cell

Hypertonic - a solution with a higher concentration of solutes than the cell

Hypotonic - a solution with a lower concentration of solutes than the cell

Plasmolysis - the shrinkage of a cell in a hypertonic solution

Cytolysis - the swelling and bursting of a cell in a hypotonic solution

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David Shier, Jackie Butler, Ricki Lewis



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