



Frontal belly of
occipitofrontalis

Orbicularis oculi

Zygomaticus
minor

Depressor labii
inferioris

Clavicular head of
sternocleidomastoid

Trapezius

1 SUPERFICIAL
TEMPORAL VEIN

2 BUCCAL BRANCH
OF FACIAL NERVE

3 COMMON
CAROTID ARTERY

4 INTERNAL
JUGULAR VEIN

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BOOK JACKET *British Medical Journal* ,1899 **2001 Guide to Educational Credit by Examination** Jo Ann Robinson, Jacqueline E. Taylor, 2001 **The Journal of Physical Education** ,1942 2004-2005 Guide to Educational Credit by Examination Jo Ann Robinson, Troy Polite, Nancy Musick, 2004 **NASM Essentials of Personal Fitness Training** National Academy of Sports Medicine, 2014

This text is a recommended resource for the NASM Certified Personal Trainer CPT certification. The NASM CPT certification is accredited by the National Commission for Certifying Agencies (NCCA). Since 1987, the National Academy of Sports Medicine (NASM) has been a global leader in providing evidence-based certifications and advanced credentials to health and fitness professionals.

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