

# ATP III Guidelines At-A-Glance

## Step 1: Determine fasting lipid profile:

### ■ LDL Cholesterol – Primary Target of Therapy

- <100 Optimal
- 100-129 Near optimal/above optimal
- 130-159 Borderline high
- 160-189 High
- >190 Very high

### ■ Total Cholesterol

- <200 Desirable
- 200-239 Borderline high
- >240 High

### ■ HDL Cholesterol

- <40 Low
- >60 High

# Atp Guidelines At A Glance

**Terry Shintani**



## **Atp Guidelines At A Glance:**

*ATP III Guidelines At-a-glance Quick Desk Reference*, 2001      *HeartMemo*, 2002      Departments of Labor, Health and Human Services, Education, and Related Agencies Appropriations for 2002 United States. Congress. House. Committee on Appropriations. Subcommittee on the Departments of Labor, Health and Human Services, Education, and Related Agencies, 2001      **Foreign Operations, Export Financing, and Related Programs Appropriations for 2002** United States. Congress. House. Committee on Appropriations. Subcommittee on Foreign Operations, Export Financing, and Related Programs, 2001      **Pharmacology for Nursing Care** Richard A. Lehne, 2004 With its engaging writing style clinical precision and currency and clear focus on understanding drug prototypes this popular book presents pharmacology in the context of nursing care The new 5th Edition features a full color design and full color illustrations throughout making it the only full color comprehensive nursing pharmacology text It is also the only nursing pharmacology resource at this level that uses large and small print to distinguish need to know from nice to know content Emphasizes understanding over memorization by focusing on understanding principles and prototypes Engaging Special Interest Topics boxes with such titles as St John s Wort Mother Nature s Prozac Thalidomide Redeemed and Strictly Controlled and Antibiotics in Animal Feed Hastening Antibiotic Armageddon help the reader to apply an understanding pharmacology to everyday life Nursing implications are integrated throughout and summarized at the end of each chapter in Summary of Major Nursing Implications sections with patient teaching information highlighted Introductory units lay the essential foundation for pharmacologic principles Anatomy and physiology reviews for each major drug family provide essential background for understanding drug prototypes and how they work Drug content is updated throughout featuring the very latest FDA approvals and withdrawals and equally important the very latest clinical applications Includes new chapters on Drugs for the Ear Chapter 102 and Potential Weapons of Biologic Radiologic and Chemical Terrorism Chapter 106 Incorporates the very latest JNC 7 guidelines on the prevention detection evaluation and treatment of hypertension Updated and expanded coverage of drugs for Alzheimer s disease and anticancer drugs hormones hormone antagonists biologic response modifiers and other anticancer drugs topics now covered in separate chapters ensures that the reader has the most up to date information in these areas New and updated Special Interest Topics boxes address current events in pharmacology that have gained attention in the media Audio clips for the generic names of the 200 most commonly prescribed drugs are included on the EVOLVE site for the book as an Audio Drug Glossary and pronunciations of these drugs are also included in Appendix B Pronunciation of Generic Names of the Top 200 Prescribed Drugs in 2002 Herbal Interactions headings highlight the select herbal interactions that have been thoroughly documented by sound clinical research A new section entitled Drugs for Neurodegenerative Disorders includes the newest information on drugs for Alzheimer s disease      **Departments of Labor, Health and Human Services, and Education, and Related Agencies Appropriations for Fiscal Year 2002** United

States. Congress. Senate. Committee on Appropriations. Subcommittee on Departments of Labor, Health and Human Services, Education, and Related Agencies, 2002      **MKSAP 14: Bk. 1. Infectious disease. Bk. 2. Pulmonary and critical care medicine. Bk. 3. General internal medicine. Bk. 4. Endocrinology and metabolism. Bk. 5. Nephrology. Bk. 6. Cumulative index** American College of Physicians (2003- ), 2006      *Preventive Medicine in Managed Care*, 2001      **MKSAP 15**, 2009      The Good Carbohydrate Revolution Terry Shintani, 2002 The national bestselling author introduces the first weight loss program centered on eating more of the right kinds of foods while lowering cholesterol and blood pressure      **Cardiovascular Disease** Charles B. Eaton, 2005 This book examines cardiovascular disease for primary care physicians A multidisciplinary team of authors provides readers with discussions on diagnosing and managing patients with this disease the deadliest in the United States today      *CLEVELAND CLINIC JOURNAL OF MEDICINE*, 2005

**CORTLANDT FORUM**, 2005      **AMERICAN FAMILY PHYSICIAN NOVEMBER 1, 2005**, 2005      **Resident & Staff Physician**, 2002      Foundations and Clinical Applications of Nutrition Michele Grodner, Sara Long Roth, Sandra DeYoung, 2004 Approaches the study of nutrition and diet therapy from the personal and professional perspective of nursing students It emphasizes the role of nursing in health promotion and primary prevention as well as in medical nutrition therapy Skills essential for nursing professionals are emphasized for implementation and education of patients and clients about prescribed dietary patterns A special feature entitled The Nursing Approach ends each chapter demonstrating the continual application of the nursing process to each content area and nursing related content is integrated throughout the text

**Health Promotion Throughout the Lifespan** Carole Edelman, Carol Lynn Mandle, 2002 This comprehensive textbook covers all the major concepts of health promotion and disease prevention for all population groups including individuals families and communities Its lifespan approach focuses on health promotion for all age groups An assessment framework based on Gordon's Functional Health Patterns provides consistent presentation and an approach that promotes health Current timely and readable the 5th edition includes numerous special features that highlight critical information and help students apply concepts to practice      **Medical-surgical Nursing**, 2005 Each edition of Medical Surgical Nursing has not only covered new developments in nursing it has actively anticipated trends and advances The 7th edition keeps readers on the cutting edge with the very latest information on nursing practice It presents more detailed coverage of basic anatomy and physiology pathophysiology medical management and nursing care than any other book available Its focus on clinical outcome management emphasizes patient outcomes and makes the material understandable A completely new design integrates information in the book with web enhancements on the accompanying Evolve website such as online exercises care plans client education guides and clinical pathways as well as more on chapter topics such as diversity ethics religious beliefs affecting health care and more      **Medical-surgical Nursing** Joyce M. Black, Jane Hokanson Hawks, 2005 Each edition of Medical Surgical Nursing has not only covered new developments in nursing it has actively anticipated trends and

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