

## ATI Nutrition Proctored Exam Questions and Answers

### Graded A+

A nurse is calculating the protein need of a young adult client who weights 132 lb. The RDA for protein for an adult who has no medical conditions is 0.8g/kg. How many grams of protein per day should the nurse recommend for this client?

48g

$132 / 2.2 = 60 \text{ kg}$

$60 \text{ kg} \times 0.8 \text{ g} = 48 \text{ g}$

A nurse is providing teaching about calcium intake to a client who is breastfeeding. What is the recommended daily calcium intake for a client who is breastfeeding?

1,000 mg

The nurse should instruct the client that 1,000 mg of calcium is recommended for women age 19 and older, as well those who are lactating. This amount of calcium is sufficient to meet the needs of the client and the infant because additional calcium is absorbed from the intestines during this time.

A nurse is caring for a client who is receiving total parenteral nutrition (TPN). Which of the following actions should the nurse take?

- A. Administer 0.9% sodium chloride until TPN is available from the pharmacy.
- B. Check the client's capillary blood glucose level every 4 hours
- C. Obtain the client's weight each week
- D. Change the IV tubing every 3 days

B. The nurse should check the client's capillary blood glucose level every 4 hours or according to facility policy due to the client's risk of hyperglycemia while receiving TPN. The dextrose concentration in TPN increase the risk of this complication.

The nurse should administer 10% dextrose in water or 20% dextrose in water if TPN is temporarily unavailable from the pharmacy.

The nurse should monitor the clients weight daily.

The IV tubing should be changed every 24 hours to decrease the clients risk of infection.

A nurse is completing dietary teaching with a client who has heart failure and is prescribed a 2g sodium diet. Which of the following statements by the client indicates an understanding of the teaching.

- A. "I should use salt sparingly while cooking"
- B. "I can have yogurt as a dessert"

# Ati Nutrition Proctored Exam Questions

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Williams**



## **Ati Nutrition Proctored Exam Questions:**

**Nutrition and Diet Therapy** Antoinette Venuto Grundy, Rose Mirenda, Esther K. Plotner, 1969      Nutrition Specialist Certification Exam Study Guide Jane Pentz, 2013-09-01 This study guide is the official study guide for successful completion of the AASDN Nutrition Specialist Exam This guide provides candidates with candidate and exam policy study questions and answers study activities designed to reinforce the skills needed for successful completion of the exam and sample exam questions      Questions and Problems on Nutrition Penelope Easton Kupsinel, Charlotte Stuart Harker, 1974      **The 101 Most Asked Nutrition Questions** Patricia Chuey, 1999      **Nutrition MCQ (Multiple Choice Questions)** Arshad Iqbal, The Nutrition Multiple Choice Questions MCQ Quiz with Answers PDF Nutrition MCQ PDF Download Quiz Questions Practice Tests with Answer Key Class 9 Biology Questions Bank MCQs Notes includes revision guide for problem solving with solved MCQs Nutrition MCQ with Answers PDF book covers basic concepts analytical and practical assessment tests Nutrition MCQ PDF book helps to practice test questions from exam prep notes The Nutrition MCQs with Answers PDF eBook includes revision guide with verbal quantitative and analytical past papers solved MCQs Nutrition Multiple Choice Questions and Answers MCQs PDF Free download sample a book covers solved quiz questions and answers on 9th grade biology topics Introduction to nutrition mineral nutrition in plants problems related to nutrition digestion and absorption digestion in human disorders of gut famine and malnutrition functions of liver functions of nitrogen and magnesium human digestive system human food components importance of fertilizers macronutrients oesophagus oral cavity selection grinding and partial digestion problems related to malnutrition role of calcium and iron role of liver small intestine stomach digestion churning and melting vitamin a vitamin c vitamin d vitamins water and dietary fiber tests for high school students and beginners Nutrition Quiz Questions and Answers PDF free download eBook s sample covers exam s workbook interview questions and competitive exam prep with answer key The book Nutrition MCQs PDF includes high school question papers to review practice tests for exams Nutrition Multiple Choice Questions MCQ with Answers PDF digital edition eBook a study guide with textbook chapters tests for NEET Jobs Entry Level competitive exam Class 9 Nutrition Question Bank eBook covers problem solving exam tests from life science textbooks      *Aasdn Nutrition Specialist Certification Exam Study Guide* Jane A. Pentz, 2010-05 This study guide provides detailed information on each of the five performance domains required to become an AASDN Nutrition Specialist In addition to information contained in the Nutrition for Professionals Textbook this study guide provides additional details sample test questions including sample test answers      **Multiple Choice Questions in Food and Nutrition** Owen Frederick George Kilgour, 1976      *Registered dietitian exam pathway 2025/2026 version* Brittany Deaton, 2025-07-28 Built for the latest Commission on Dietetic Registration CDR exam framework this all in one guide equips aspiring Registered Dietitians with the tools strategies and practice needed to pass the exam with confidence Key Features Fully aligned with the 2025 2026 Registered Dietitian exam blueprint covering all four domain areas Principles

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**Questions and Problems on Nutrition** Penelope Easton Kupsinel,Charlotte Stuart Harker,1974      Study Guide for Use Nutrition Ellen Kosowan,Frances Sienkiewicz Sizer,Ellie Whitney,2008-08-15 The perfect way to prepare for exams and get the grade you want Easy access to describe ex key learning objectives for each chapter outlines of key sections self test questions and sets of problems similar to those in the text and the Test Bank but with fully worked out solutions      **A Comprehensive Dietetic Review Study Guide** Lorraine Boykin-Stith,Barbara Kern Williams,1985-01-01      **Introduction to nutrition, examination paper** ,2014      **500 Top Health and Nutrition Questions Answered** Patrick Holford,2004

**Self-study Guide for Nutrition and Diet Therapy** Sue Rodwell Williams,1978-01-01

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### **Table of Contents Ati Nutrition Proctored Exam Questions**

1. Understanding the eBook Ati Nutrition Proctored Exam Questions
  - The Rise of Digital Reading Ati Nutrition Proctored Exam Questions
  - Advantages of eBooks Over Traditional Books
2. Identifying Ati Nutrition Proctored Exam Questions
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Ati Nutrition Proctored Exam Questions
  - User-Friendly Interface
4. Exploring eBook Recommendations from Ati Nutrition Proctored Exam Questions
  - Personalized Recommendations
  - Ati Nutrition Proctored Exam Questions User Reviews and Ratings

- Ati Nutrition Proctored Exam Questions and Bestseller Lists
- 5. Accessing Ati Nutrition Proctored Exam Questions Free and Paid eBooks
  - Ati Nutrition Proctored Exam Questions Public Domain eBooks
  - Ati Nutrition Proctored Exam Questions eBook Subscription Services
  - Ati Nutrition Proctored Exam Questions Budget-Friendly Options
- 6. Navigating Ati Nutrition Proctored Exam Questions eBook Formats
  - ePub, PDF, MOBI, and More
  - Ati Nutrition Proctored Exam Questions Compatibility with Devices
  - Ati Nutrition Proctored Exam Questions Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Ati Nutrition Proctored Exam Questions
  - Highlighting and Note-Taking Ati Nutrition Proctored Exam Questions
  - Interactive Elements Ati Nutrition Proctored Exam Questions
- 8. Staying Engaged with Ati Nutrition Proctored Exam Questions
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Ati Nutrition Proctored Exam Questions
- 9. Balancing eBooks and Physical Books Ati Nutrition Proctored Exam Questions
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Ati Nutrition Proctored Exam Questions
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Ati Nutrition Proctored Exam Questions
  - Setting Reading Goals Ati Nutrition Proctored Exam Questions
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Ati Nutrition Proctored Exam Questions
  - Fact-Checking eBook Content of Ati Nutrition Proctored Exam Questions
  - Distinguishing Credible Sources

13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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