

ATI Nutrition Practice Tests A & B

Questions and Answers 2023

A nurse in an acute care facility is planning care for a client who has chosen to follow Islamic dietary laws during Ramadan. Which of the following actions should the nurse plan to take?

Place the client on NPO status during nighttime hours

Provide a snack for a client after sunset

Offer the client hot tea with daytime meals

Allow the client to eat privately with their family each day at 1300 - answer ☐ Provide a snack for a client after sunset

A nurse is creating a plan of care for a client who has mucositis following head and neck radiation therapy to treat cancer. Which of the following interventions should the nurse include in the plan?

Encourage 3 servings of citrus foods daily

Provide lemon glycerin swabs for oral hygiene after meals

Increase fluid intake to 2 L/day

Heat oral hygiene mouth rinses before use - answer ☐ Increase fluid intake to 2 L/day

A nurse is providing discharge teaching to a postpartum client about breast milk use and storage. Which of the following statements should the nurse make?

"Refrigerate unused breast milk immediately after bottle feeding"

"You cannot place thawed breast milk back in the freezer"

"You can store expressed breast milk in the freezer for up to 18 months"

"Defrost breast milk on the lowest defrost setting in the microwave" - answer ☐ "You cannot place thawed breast milk back in the freezer"

A nurse is caring for a client who adheres to a kosher diet. Which of the following food choices would be appropriate for this client?

Vegetable salad with cheese

Lean cuts of pork

Turkey and cheese on rye bread

Shrimp salad and crackers - answer ☐ Vegetable salad with cheese

A community health nurse is planning to teach a class about weight management for cardiovascular health. Which of the following statements should the nurse plan to include?

"Limit your sodium intake to 1,800 mg/day"

"Reduce your daily intake of foods that contain protein"

"Taking a daily multivitamin will prevent cardiovascular disease"

"Plan to lose weight gradually at .5-1 lb/week" - answer ☐ "Plan to lose weight gradually at .5-1 lb/week"

Ati Nutrition Practice Questions

Carolyn Gross



Ati Nutrition Practice Questions:

ATI TEAS 7 Crash Course with Online Practice Test, 4th Edition John Allen, 2024-01-11 Everything you need for today's ATI TEAS Version 7 in a concise time saving format Provided by publisher **ATI TEAS Strategies, Practice & Review with 2 Practice Tests** Kaplan Nursing, 2017-01-03 Provides comprehensive exam review as well as test taking strategies and study techniques *Nutrition for Nursing*, 2008 **Manitou** Alex Du Houx, 2003 Its almost impossible to describe Manitou for its individual to who you are Its a place a time a daydream a myth and a reality all wrapped up in one It is the land of living imagination Its magic Come adventure with five young travelers as they journey into Manitou on their boat Experience comical performances and musical excursions with Apollo Mother Earth and other mythological figures as you uncover amazing mysteries Manitou brings worldwide cultures together while building the readers self esteem

Resources in Education, 1989-10 **Annual Catalogue** Washington University (Saint Louis, Mo.), 1924

Proceedings of the Public Health Conference on Records and Statistics Public Health Conference on Records and Statistics, 1993 A planned study program of the Public Health Service administered by the National Center for Health Statistics *American Agriculturist*, 1894 **The Weekly Review**, 1993 **The Dairymen's League News**, 1959

Jewish Community Center Program Aids, 1948 **Rise Above the Chaos** Carolyn Gross, 2019-07-02 Rise Above the Chaos serves as a self help tool that shows readers how to become calm centered and poised in the midst of a non stop crisis world In today's world technology has added additional pressure and anxiety to life rather than saving precious time With digital distractions and social isolation people become less self aware an important key to surviving Award winning speaker coach and patient advocate Carolyn Gross offers her own story of transformation as a tool for others to go from burnout to brilliance and realize they can create personal chaos or not simply by controlling their responses to life's events Rise Above the Chaos offers life exploration methods to help determine how stress is affecting readers lives and health before providing the tools to restore relax and renew Readers learn to identify internal vs external chaos so they can manage both without adding stress Carolyn lifts readers awareness and helps them gain perspective on how adversity can actually sharpen their wits and skills ultimately making them more joyful powerful and confident *The Northwestern Miller*, 1944 New Jersey Agriculture, 1926 Publications Northwestern University (Evanston, Ill.). Medical School. Division of Surgery, 1942

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