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Akai Katana Manual

Shihan Dana Abbott

Akai Katana Manual:

The Samurai Sword Tachi-Iai Japanese Long Sword Shihan Dana Abbott, 2009-12 This Samurai Sword Training and Ranking Manual contains step by step instructions and hundreds of photographs to help you quickly and easily learn the techniques used by the Samurai. The simple straight forward instructions will help you to progress from white belt to black belt mastering long sword techniques that have been used for hundreds of years. This training manual is the ultimate resource for those training in the ways of the long Japanese sword Tachi. This easy to follow manual will provide you with that extra necessary knowledge every martial arts enthusiast or student of the sword needs to enhance expertise and master the long sword.

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