

Commitment of Traders (COT) Report

What is it?

- Weekly report by CFTC on positions in futures markets

Who is included?

- Commercial Traders (Hedgers)
- Non-Commercial Traders (Speculators)
- Non-Reportable Traders (Small)

Key Data Points:

- **Open Interest:** Total outstanding futures contracts (market activity)
- **Net Positions:** Difference between long & short positions (market sentiment)
- **Commercial Positioning:**
 - Longs increasing -> Bullish sentiment (buying pressure)
 - Shorts increasing -> Bearish sentiment (selling pressure)
- **Non-Commercial Positioning:**
 - Longs increasing -> Speculative buying (potential trend)
 - Shorts increasing -> Hedging or profit-taking (potential reversal)

How to Use It:

- **Market Sentiment:** Gauge overall bias (commercial & non-commercial)
- **Identify Trends:** Track changes in net positions
- **Monitor Concentration:** Watch for potential manipulation

Limitations

- Lagging Indicator (data from previous week)
- Use with other technical analysis

Commitment Of Traders Report Nymex

S Marginson



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