



Painted by John Atkinson

Shell guide to ESSEX



Water in front, even in the hinterland. That is the pattern of Essex. Gentlelands slope very gently to estuaries, marshes, saltings, and white weather-boarded mills where the wheat was grown, in this fertile west country of low and lazy moors shading off into the North Sea. The East Saxons, or "East Saxes"—hence the name Essex—created that sea with their wives and children and cattle and grain about 1,000 years ago. On now crosses the sea to Shell Haven. Objects in the foreground tell of more ancient history: of the British, then the Romans at Camulodunum or Colchester. Here are coins (1) of King Cunobelinus or Cynobelin, minted at Camulodunum, which he made the chief city of all Britain in the years before the Roman invasion of A.D. 43. Here, too, is a pig (2) from a child's hoard of A.D. 45-50. Also a crystal of sea-salt (3) as symbol of the most ancient industry of Essex, the making of salt by pouring sea-water over hot earthenware bars. This industry of King Cynobelin's era has left curious "Red Hills" or barish mounds of red sand sometimes greenish debris on the coastal farm lands, particularly along the Blackwater Estuary. From the new city which the Romans called Colonia Victricensis, came this carving of a sphinx (4). The East Saxons renamed the Roman city "Colnecestre", the "Roman city on the Colne". Even in Roman times the Colne had both famous for oysters. The Silver Oyster (5) in the picture belongs to Colchester Corporation, and was made as the official standard of the size the Colne oysters must reach before they are gathered. Nearby are two wild flowers of the Essex saltings, Sea Lavender (6) and Sea Aster (7). Inland the clays of Essex are celebrated for hornbeams (8) (pollarded hornbeams are characteristic of Epping Forest, from the glades of which the poet John Clare used to see London "like a church among the hills") and for the true Osip (9) of woods and coopers, which is rather larger and more pallid than the Cowslip. Notice on the right the bedstraw (10), which are common above the roofs of some of the older houses along the Essex coast.

The "Shell Guide to Wild Life", a monthly series depicting animals and plants in their natural surroundings, which gave pleasure to so many people, is published in book form by Phoenix House Ltd at 7/6. The "Shell Guide to Trees" and "Shell Guide to Flowers of the Countryside" are also available at 7/6 each. On sale at bookshops and bookstalls.

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Essex A Shell Guide

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In a digitally-driven world where monitors reign great and quick communication drowns out the subtleties of language, the profound secrets and psychological subtleties hidden within phrases frequently get unheard. However, nestled within the pages of **Essex A Shell Guide** a fascinating literary prize pulsing with organic feelings, lies a fantastic journey waiting to be undertaken. Penned by a talented wordsmith, that wonderful opus encourages readers on an introspective journey, delicately unraveling the veiled truths and profound affect resonating within the material of each word. Within the psychological depths of the poignant evaluation, we will embark upon a heartfelt exploration of the book is primary styles, dissect its interesting writing fashion, and succumb to the powerful resonance it evokes deep within the recesses of readers hearts.

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