



757swim Aquatic Center
5720 Warhill Trail
Williamsburg, VA 23188



American
Red Cross

LIFEGUARD CERTIFICATION CLASS

GET CERTIFIED IN ONE DAY

A hybrid approach with self-paced online learning and one day in-person water assessment. The class includes CPR/First Aid/AED Certifications.

Cost:

Lifeguard Certification Class: \$325

Lifeguard Recertification Class: \$225

Requirements

- Must be 15 years old
- Must be able to swim 300 yards and tread water for 2 minutes
- Completion of online portion before day of water assessment

Dates of swimming test and in-person water assessment (choose 1):

Feb 3/4, March 10/11, May 5/6, June 2/3

Approximately 6 hours

Friday Swimming Tests: 4:30-5:00 pm

Saturday In-Person Assessment: 9:00-3:00 pm

Lifeguard Recertification Classes

April 29

- Lifeguard Certification may not be more than 30 days expired.

We also offer certifications for CPR, First Aid or AED training only.

If interested, please email payments@757swim.com to register for classes.



American Red Cross Lifeguard Training Study Guide

Carol Turkington

American Red Cross Lifeguard Training Study Guide:

MTS/PFE Study Guide ,1982 **American Red Cross Lifeguard Exam** Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills **Promotion Fitness Examination Study Guide** ,2003

American Red Cross Water Safety Instructor's Manual ,2004 **Exploring Osaka** David M. Dunfield,1993 A comprehensive English language guide to the city of Osaka for business travellers and tourists alike Second only to Tokyo as a banking and trade centre of Japan Osaka is a centre of tradition and culture as well the home of bunraku puppet theatre for example and is minutes by rail from Japan s ancient capitals of Kyoto and Nara A variety of suggested sightseeing itineraries are included as well as recommended museums restaurants and hotels a list of festival dates and sources of additional information Subject Guide to Books in Print ,2001 Ferguson Career Resource Guide to Internships and Summer Jobs, 2-Volume Set Carol Turkington,2014-05-14 Provides details on over 550 internships and summer jobs **The 2004 Guide**

to the Evaluation of Educational Experiences in the Armed Services American Council on Education,American Council on Education Staff,2004 For more than a half century the Guide to the Evaluation of Education Experiences in the Armed Services has been the standard reference work for recognizing learning acquired in military life Since 1942 ACE and has worked cooperatively with the US Department of Defense the Armed Services and the US Coast Guard in helping hundreds of thousands of individuals earn academic credit for learning achieved while serving their country Saving Lives United States. Congress. House. Committee on Commerce. Subcommittee on Health and the Environment,2000 **Guide to the Evaluation of Educational Experiences in the Armed Services** American Council on Education,1986 **Certification and Accreditation Programs Directory** Michael A. Paré,1996 Providing detailed profiles on certification and accreditation programmes in the US this book includes information on certification and accreditation programmes that denote skill level professionalism accomplishment and excellence **Subject Guide to Children's Books in Print 1997** Bowker Editorial Staff,R R Bowker Publishing,1996-09 *Books in Print* ,1994 *The New York Times Magazine* ,1977 Iowa

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