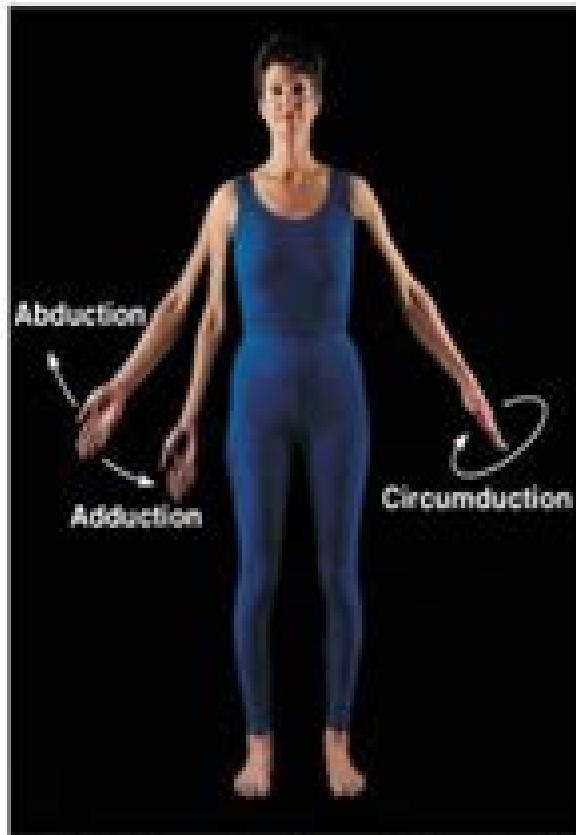
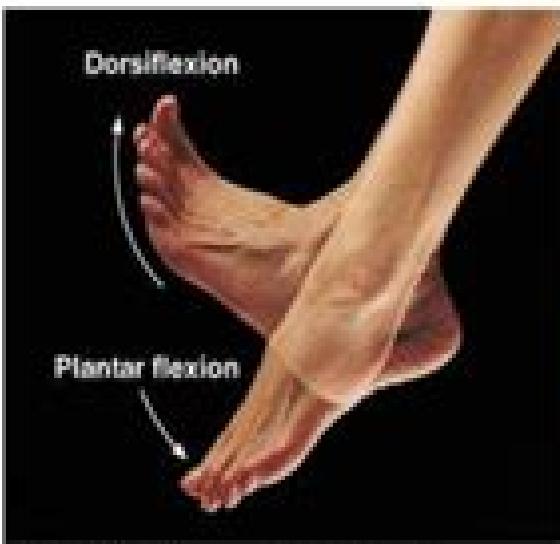


# Types of Body Movements



(d) Abduction, adduction, and circumduction



(e) Dorsiflexion and plantar flexion



(g) Supination (S) and pronation (P)



(f) Inversion and eversion



(h) Opposition

## 4 5 Naming Muscle Movements

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