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# AMERICAN REDCROSS LIFEGUARD, RED CROSS LIFEGUARDING PRACTICE TEST 59 QUESTIONS AND ANSWERS

PPE - answer Personal Protective Equipment

FAST - answer Face, Arm, Speech, Time

EAP - answer Emergency Action Plan

AED - answer Automated External Defibrillator

SAMPLE - answer 1. Signs/Symptoms

2. Allergies

3. Medications

4. Past History

5. Last Oral Intake

6. Events leading to injury/illness

FIND - answer 1. Figure out problem

2. Intensify possible solutions

3. Name pros and cons of each solution

4. Determine best choice

RICE - answer 1. Rest

2. Immobilize

3. (Apply something) Cold

# 2014 Redcross Lifeguarding Test Review Sheet

**Lei Shi**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the name bar.

## **2014 Redcross Lifeguarding Test Review Sheet:**

**American Red Cross Lifeguard Exam** Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills     Lifeguarding Manual American National Red Cross,2023-12-31     American Red Cross Lifeguard Training American National Red Cross,1984     **American Red Cross Lifeguard Training Instructor's Manual**,1988-01-01

## Whispering the Techniques of Language: An Emotional Quest through **2014 Redcross Lifeguarding Test Review Sheet**

In a digitally-driven earth wherever displays reign supreme and quick connection drowns out the subtleties of language, the profound secrets and emotional subtleties concealed within words often get unheard. However, situated within the pages of **2014 Redcross Lifeguarding Test Review Sheet** a charming fictional treasure pulsing with raw thoughts, lies a fantastic journey waiting to be undertaken. Published by an experienced wordsmith, this enchanting opus attracts viewers on an introspective journey, lightly unraveling the veiled truths and profound affect resonating within the very fabric of each and every word. Within the emotional depths of the moving evaluation, we can embark upon a heartfelt exploration of the book is key themes, dissect its fascinating writing style, and fail to the powerful resonance it evokes heavy within the recesses of readers hearts.

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