

## Laboratory Activity #1 — Student Laboratory Packet

**Relationships and Biodiversity***A Laboratory Activity for the Living Environment***Introduction**

*Botana curus* is a valuable plant because it produces Curol, a compound used for treating certain kinds of cancer. Curol cannot be produced in the laboratory. *Botana curus* grows very slowly and is on the endangered species list, so its ability to provide Curol in large quantities is limited.

Species that are more closely related to *Botana curus* are more likely to produce the important substance Curol. Three similar plant species that are plentiful (X, Y, and Z) may be related to *Botana curus*. You will work as a researcher to:

- gather structural and molecular evidence to determine which plant species is most closely related to the hypothetical species, *Botana curus*
- use this evidence to decide which plant species is most likely to serve as a source of the important substance Curol

**Safety**

- You will need to wear goggles while conducting Tests 4 and 5.
- Do not eat or drink anything in the laboratory while doing this laboratory activity.

**Important Note:** Record all of your data and answers on these laboratory sheets. You will need to keep them for review before the Regents Examination. Later, you will need to transfer your answers to a separate Student Answer Packet. Your teacher will use the packet in grading your work, and the school will retain it as evidence of your completion of the laboratory requirement for the Living Environment Regents Examination.

**Structural Evidence for Relationships**

Perform the following tests and record your observations in Table 1 on page 8 of this packet. Use a hand lens or microscope as needed.

**Test 1—Structural Characteristics of Plants**

- Do not remove the plant samples from the plastic bags/cards.
- Compare the structural characteristics of the plant samples. Record your observations in Table 1 (see page 8).

**Test 2—Structural Characteristics of Seeds**

- Do not remove the seed samples from the plastic bags/cards.
- Compare the structural characteristics of the seed samples. Record your observations in Table 1.



# Answer Key For Relationships And Biodiversity Lab

**RJ Shavelson**



## **Answer Key For Relationships And Biodiversity Lab:**

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web jul 6 2016 one easy way to measure your cadence for running is to count the times your feet hit the ground in 60 seconds cadence can also be defined as the number of steps one foot takes per minute for example in polar running watches and other products a cadence of 180 steps per minute is shown as 90

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what is cadence in running simply put running cadence is just your step rate the number of times your feet hit the ground in a given time interval what is spm in running cadence in running is typically measured in steps

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web jul 12 2023 for example let s say your starting cadence is 150 and your target is 170 you shouldn t try to hit 170 after your first cadence measurement instead try to increase your cadence by about five percent on two or three runs per week so in that first week shoot for a 157 cadence

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web jun 12 2017 running cadence or leg turnover is defined as the total number of revolutions per minute rpm or number of full cycles taken within a minute by the pair of feet measured by the number of times that your feet strike the ground per minute while running ground contact time cadence is usually calculated by counting the number of

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web mar 14 2023 forcing a high cadence is a questionable strategy for improving performance and as we ve seen cadence is largely determined by how fast we run having said that most of us naturally select a cadence lower than the optimum and would benefit from retraining to a higher step rate

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web over the past few years studies have emerged that highlight the role of cadence to correct common running related

injuries rise as little as a five percent increase in step rate while keeping running velocity constant has been shown to reduce shock absorption at the level of the knee by 20 percent additionally increasing cadence by 10

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web oct 17 2023 recreational runners tend to have a cadence between 150 to 180 strides per minute spm faster runners as we've seen often have a higher cadence for example eliud kipchoge the marathon world record holder is known to achieve a cadence of 190 200spm in general 170 180spm is considered a great running cadence

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