

Caregiving & Alzheimer's

Time Investment

In 2012, Americans provided 17.5 billion hours of unpaid care to people with Alzheimer's disease And other dementias.

This number represents an average of 21.9 hours of care per caregiver per week, or 1,139 hours of care per caregiver per year.



How Alzheimer's Caregiving Impacts Non-Professional Caregivers

Stress

61%

Percentage of caregivers rating their emotional stress as "high" or "very high"

Depression

39%

Percentage of caregivers reporting depression vs. 17% of non-caregivers

24/7

59%

Percentage of Alzheimer's caregivers who felt that they were "on-duty" 24 hours a day

Health

43%

Percentage reporting that the physical impact of Alzheimer's caregiving was high to very high

Caregiving Options

At Home
with
Unpaid Care

At Home
with
Paid Care

Respite
Care

Specialized
Assisted Living
Community

Benefits of Having Professional Caregiving Help



Caregivers specifically trained in dementia care



Assistance in creating and implementing health care plans

Reduced levels of depression and stress for primary caregivers and family members

Delayed nursing home admission for dementia patients



Alzheimers A Caregivers Guide

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