
American Red Cross Lifeguard Final Certification 'Exam (questions & answers) 2024/2025

How can you best protect yourself from possible bloodborne pathogen transmission when providing care? - CORRECT ANSWER-d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care.

A 12-year-old boy at a swim meet grabs his chest and begins to make wheezing noises. After you obtain consent to provide care, his mother informs you that he has a history of asthma, but does not have his inhaler nearby. What care should you provide? - CORRECT ANSWER-b. Summon more advanced medical personnel and place the victim into a position that

While having a snack in the concession area, a child suddenly clutches his throat with both hands. You ask him if he is choking and he frantically nods yes. You activate your facility's emergency action plan (EAP). You identify yourself as a lifeguard and obtain consent from the parents. What should you do next? - CORRECT ANSWER-d. Stand or kneel behind the victim and give 5 back blows and 5 abdominal thrusts.

You and another lifeguard find an unconscious adult on the floor in the locker room. You activate your facility's EAP, size-up the scene and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then: - CORRECT ANSWER-a. Give 1 rescue breath about every 5 seconds.

You come upon a scene where a patron appears to be injured. Before approaching the victim, which of the following will you not do as you size-up the scene? - CORRECT ANSWER-c. Begin the primary assessment.

When providing care during an emergency, which of the following should you do first? - CORRECT ANSWER-c. Size-up the scene.

14 Red Cross Lifeguard Written Test Manual

DP Hallahan



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