

# MENTAL HEALTH A

- 1) A nurse is teaching a client who has schizophrenia about her new prescription for risperidone. Which of the following statements should the nurse include in the teaching?
  - a. "You should continue this medication if you develop muscle rigidity."
  - b. "You will experience weight loss while taking this medication."
  - c. "You will notice your symptoms improve within 24 hours of taking this medication."
  - d. "You should increase your consumption of complex carbohydrates."
- 2) A nurse is admitting a client who has generalized anxiety disorder. Which of the following actions should the nurse plan to take first?
  - a. Provide the client with a quiet environment
  - b. Determine how the client handles stress.
  - c. Teach the client to use guided imagery.
  - d. Ask the client to identify her strengths.
- 3) A nurse is conducting an admission interview with a client who is experiencing mania. Which of the following should the nurse report to the provider?
  - a. States that he hasn't bathed in 2 days.
  - b. Reports eating twice in the past two weeks.
  - c. Makes inappropriate sexual comments.
  - d. Speaks in rhyming sentences.
- 4) A nurse is planning care for a client who has obsessive-compulsive disorder. Which of the following recommendation should the nurse include in the client's plan of care?
  - a. Validation therapy
  - b. Thought stopping
  - c. Operant conditioning
  - d. Reality orientation therapy
- 5) A nurse is caring for a client who has bipolar disorder and is experiencing a manic episode. Which of the following actions should the nurse take?
  - a. Encourage the client to join group activities.
  - b. Dim the lights in the client's room.
  - c. Provide detailed explanations to the client.
  - d. Administer methylphenidate.
- 6) A nurse is leading a crisis intervention group for adolescents who witnessed the suicide of a classmate. Which of the following actions should the nurse take first?
  - a. Initiate referrals.
  - b. Review community resources.
  - c. Identify prior coping skills.
  - d. Discuss the importance of confidentiality.
- 7) A nurse overhears a client saying, "I am a spy, a spy for the FBI. I am an I, an eye for an eye in the sky. Sky is up high." The nurse should document the client's statement as which of the following speech alterations?
  - a. Echolalia
  - b. Word salad
  - c. Neologism
  - d. Clang association
- 8) An older adult client is brought to the mental health clinic by her daughter. The daughter reports that her mother is not eating and seems uninterested in routine activities. The daughter states "I'm so worried that my mother is depressed" which of the following responses should the nurse make?
  - a. Everyone gets depressed from time to time.
  - b. You shouldn't worry about this because depressive disorder is easily treated.
  - c. Older adults are usually diagnosed with depressive disorder as they age.
  - d. Tell me the reasons you think your mother is depressed.
- 9) A nurse is planning care for an adolescent who has autism spectrum disorder. Which of the following outcomes should the nurse include in the plan care?
  - a. Meets own needs without manipulating others.
  - b. Initiates social interactions with caregivers.

# Ati Mental Health Practice Test A

**A Loxley**



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Comprehensive Clinical Psychology A.S. Bellack, Michel Hersen, 1998-08-20

*A Case Approach to Medical-psychiatric Practice* Antoinette Ambrosino Wyszynski, Antoinette A. Wyszynski, Bernard Wyszynski, 1996

*A Case Approach to Medical Psychiatric Practice* represents an unapologetic attempt to reinstate consultation liaison psychiatry as a medical discipline Intended as a teaching instrument rather than a comprehensive textbook this volume presents case discussions that accurately capture the problem oriented bedside world of medical psychiatric practice Psychiatrists at all stages of experience from the resident to the seasoned practitioner will find this book to be an invaluable guide to the complex clinical dilemmas encountered in hospital settings The focus is on the differential diagnosis and pharmacological management of patients with medical conditions for example cardiovascular disease pulmonary disease cancer delirium gastrointestinal conditions alcoholism with cirrhosis kidney disease HIV infection who develop concurrent psychiatric problems A consultation liaison guide to DSM IV is included and guidelines for identifying and managing these disorders and their symptoms are provided There are chapters on managing steroid induced psychiatric syndromes treating gynecological patients including breast cancer patients and working with psychiatric illness during pregnancy Each chapter contains case presentations followed by multiple choice questions designed to challenge the reader's knowledge and ingenuity in responding to real life clinical quandaries The comprehensive literature reviews and discussion provided for each topic can be used by readers to expand their knowledge in areas of interest Numerous appendixes serve as concise pull out summaries for handy bedside reference Reviews are clearly organized and extensively cross referenced making this book not only an exceptional learning tool but also an excellent resource for further study

Dissertation Abstracts International, 2002

*West's Federal Practice Digest*, 2003

**Law in a Therapeutic Key** David B. Wexler, Bruce J. Winick, 1996

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**Municipal Journal** ,1963      **Concise Colour Medical Dictionary** Oxford University Press,2010-02-25 Text from Concise medical dictionary edited by Elizabeth Martin 7th ed 2007      **Pediatric Annals** ,1983      **Who's who Among Human Services Professionals** ,1992      *Educational Psychology in the Classroom* Henry Clay Lindgren,1980 This very popular text now in its sixth edition is designed for classroom teachers discussing the psychology of teaching and learning various cognitive and affective factors in learning and the special needs of exceptional children among many other topics Well written concise and clear A thoughtful book Contemporary Psychology Should be of interest to anyone participating in the process of education Science Books Films      Popular Science ,1952-02 Popular Science gives our readers the information and tools to improve their technology and their world The core belief that Popular Science and our readers share The future is going to be better and science and technology are the driving forces that will help make it better      **The Lancet** ,1924      **Medical record** ,1898      **Congressional Record** United States. Congress,1999

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