

Adolescent Psychotherapy HOMEWORK PLANNER

This timesaving resource features:

- Contains 163 ready-to-copy homework assignments that can be used to facilitate therapy with adolescents and their families
- Homework assignments and exercises are keyed to the 41 behaviorally based Presenting Problems from *The Adolescent Psychotherapy Treatment Planner*, Sixth Edition
- Each Presenting Problem is linked to an average of 3 or more homework assignments that are created expressly for the problem being addressed
- Homework extends the treatment beyond the therapy session and facilitates client and family involvement in the change process

**ARTHUR E. JONGSMA, JR., L. MARK PETERSON, WILLIAM P. McINNIS,
TIMOTHY J. BRUCE**



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Adolescent Psychotherapy Homework Planner

Arthur E. Jongsma, Jr.

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Adolescent Psychotherapy Homework Planner David J. Berghuis, L. Mark Peterson, William P. McInnis, 2014-03-12 New and updated assignments and exercises to meet the changing needs of mental health professionals The Adolescent Psychotherapy Homework Planner Fifth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 146 ready to copy exercises covering the most common issues encountered by adolescent clients including such problems as blended families substance use and eating disorders A quick reference format the interactive assignments are grouped by behavioral problems including academic underachievement anger control problems depression social anxiety and sexual abuse Expert guidance on how and when to make the most efficient use of the exercises Assignments cross referenced to The Adolescent Psychotherapy Treatment Planner Fifth Edition so you can quickly identify the right exercises for a given situation or problem A download code contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs

Adolescent Psychotherapy Homework Planner. Practice Planners L. Mark Peterson, William P. McInnis, 2006

Brief Adolescent Arthur E. Jongsma, Jr., 2001-09-05 Focusing on adolescents from age 12-18 this easy to use sourcebook provides pre written psychotherapy homework assignments The 52 field tested exercises are grouped by skill set The book includes ready to copy blank exercises instructions on when and how to use the

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Peterson,William P. McInnis,2004-04-26 Help your adolescent clients develop the skills they need to work through their problems The Adolescent Psychotherapy Homework Planner II provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 72 ready to copy exercises covering the most common issues encountered by adolescent clients A quick reference format the interactive assignments are grouped by behavioral problem such as anger management blended family conflicts low self esteem chemical dependence eating disorders sexual acting out adoption issues and more Assignments that are cross referenced to The Adolescent Psychotherapy Treatment Planner Third Edition so you can quickly identify the right exercise for a given situation or behavioral problem A CD ROM that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs *Adolescent Psychotherapy Homework Planner* Arthur E. Jongsma, Jr.,L. Mark Peterson,William P. McInnis,Timothy J. Bruce,2024-01-11 Evidence based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of The Adolescent Psychotherapy Homework Planner a team of distinguished practitioners delivers a time saving and hands on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems The Homework Planner addresses common and less common disorders including anxiety depression substance use eating and panic allowing the client to work between sessions on issues that are the focus of therapy This book provides evidence based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of The Adolescent

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The Adolescent Psychotherapy Progress Notes Planner

Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, 2003-09-29 The Adolescent Psychotherapy Progress Notes Planner Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Adolescent Psychotherapy Treatment Planner Third Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 33 main presenting problems that range from low self esteem and eating disorders to chemical dependence sexual acting out adoption issues and blended family conflicts Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR diagnostic categories in The Adolescent Psychotherapy Treatment Planner Third Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the JCAHO and the NCQA

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Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, 2003 This timesaving resource features Treatment plan components for 33 behaviorally based presenting problems including 3 entirely new to this edition Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors New section on how to quantify objectives The Adolescent Psychotherapy Treatment Planner Third Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies Saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans for adolescent clients Organized around 33 main presenting problems from anger management and blended family conflicts to low self esteem chemical dependency eating disorders and sexual acting out Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and educational interventions Easy to use reference format helps locate treatment plan components by behavioral problem or DSM IV TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA

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Gary M. Schultheis,Steffanie Alexander O'Hanlon,Bill O'Hanlon,2010-07-28 Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Couples Therapy Homework Planner Second Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 71 ready to copy exercises covering the most common issues encountered by couples in therapy such as financial conflict infidelity work home role strain and separation and divorce A quick reference format the interactive assignments are grouped by behavioral problems including improving communications handling parenting problems and resolving sexual

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The Adolescent Psychotherapy Treatment Planner David J. Berghuis,L. Mark Peterson,William P. McInnis,Timothy J. Bruce,2014-01-02 The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including conduct disorder substance use low self esteem suicidal ideation ADHD and eating disorders Organized around 36 behaviorally based presenting problems including peer sibling conflict school violence sexual abuse and others Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA

Homework Planner for Adult and Adolescent Psychotherapy : michel david,2021-01-04 A time saving resource fully revised to meet the changing needs of mental health professionalsThe Complete Adult Psychotherapy Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including anger control problems low self esteem phobias and social anxietyOrganized around behaviorally based presenting problems including depression intimate relationship conflicts chronic pain anxiety substance use borderline personality and moreOver prewritten treatment goals objectives and interventions plus space to record your own treatment plan optionsEasy to use reference format helps locate treatment plan components by behavioral problem or diagnosisIncludes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including The Joint Commission

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