

Adolescent Psychotherapy

HOMEWORK PLANNER

This timesaving resource features:

- Contains 163 ready-to-copy homework assignments that can be used to facilitate therapy with adolescents and their families
- Homework assignments and exercises are keyed to the 41 behaviorally based Presenting Problems from *The Adolescent Psychotherapy Treatment Planner, Sixth Edition*
- Each Presenting Problem is linked to an average of 3 or more homework assignments that are created expressly for the problem being addressed
- Homework extends the treatment beyond the therapy session and facilitates client and family involvement in the change process

ARTHUR E. JONGSMA, JR., L. MARK PETERSON, WILLIAM P. MCINNIS,
TIMOTHY J. BRUCE



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Adolescent Psychotherapy Homework Planner

Arthur E. Jongsma, Jr.



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Adolescent Psychotherapy Homework Planner. Practice Planners L. Mark Peterson, William P. McInnis, 2006

Brief Adolescent Arthur E. Jongsma, Jr., 2001-09-05 Focusing on adolescents from age 12 18 this easy to use sourcebook provides pre written psychotherapy homework assignments The 52 field tested exercises are grouped by skill set The book includes ready to copy blank exercises instructions on when and how to use the

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Treatment Planner Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2023-09-06 Quickly and efficiently create treatment plans for adolescents in a variety of treatment environments The newly revised sixth edition of the Adolescent Psychotherapy Treatment Planner delivers an essential resource for mental health practitioners seeking to create effective high quality treatment plans that satisfy the needs of most third party payers and state and federal review agencies This book clarifies simplifies and accelerates the treatment planning process for adolescents so you can spend less time on paperwork and more time treating your clients This latest edition includes comprehensive and up to date revisions on treating the victims and perpetrators of bullying and aggression gender dysphoria loneliness opioid use and sleep disorders It includes new evidence based objectives and interventions as well as an expanded and updated professional references appendix You ll also find A new appendix presenting location and availability information in an alphabetical index of objective

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The Adolescent Psychotherapy Treatment Planner David J. Berghuis, L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2014-01-02 The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including conduct disorder substance use low self esteem suicidal ideation ADHD and eating disorders Organized around 36 behaviorally based presenting problems including peer sibling conflict school violence sexual abuse and others Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA

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