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else available However the cornerstone of its philosophy is the idea that alcoholism is a disease that cannot be cured 3 The cure for alcoholism is in your hands If you believe you have a drinking problem it is worth investigating a cure particularly when that cure claims to be instant easy enjoyable and permanent 4 The question you should be asking is Why do people fly from all over the world to consult this insignificant lone individual who has no medical training The answer is simple Because he is widely regarded as the world s leading expert on the subject **Stop Drinking Now** Allen Carr,2015 Allen Carr s

Easyway method for stopping smoking has been applied to problem drinking By explaining why you feel the need to drink and with simple step by step instructions to set you free he shows you how to escape from the alcohol trap *How to Change Your Drinking* Kenneth Anderson,2010 Preface by Alan Marlatt introduction by Patt Denning Cover *Allen Carrs Easy Way to Control Alcohol* Allen Carr,2006-06-13 **Summary of Allen Carr's Allen Carr's Easy Way to Control Alcohol**

Everest Media,2022-05-22T22:59:00Z Please note This is a companion version not the original book Sample Book Insights 1 The fact that it takes time to turn generally accepted dogma on its head is why it has been more than 20 years since I proved that any smoker can find it easy to quit There are millions of smokers worldwide who have never heard of Allen Carr or his method 2 There are many doctors who do not support AA s view that alcoholism is a disease that cannot be cured They believe that there is hope for recovery and that alcoholism is just a disease of addiction with no cure 3 The speaker at the meeting was allowed to make any statement no matter how outrageous and no one interrupted them I admired how AA allowed its members to express themselves freely 4 The fact that you have read this far indicates that you believe you have a drink problem to some degree Wouldn t it be foolish not to use the cure that claims to be instant easy and permanent

Different Diagnoses, Similar Experiences Michael John Norton,Oliver John Cullen,2024-08-27 Emerging from an era of changing mental health and addiction services this edited collection is the first work in its field to gather narratives of mental health addiction and dual diagnoses into one publication as well as to critically examine the differences and similarities of these experiences **Summary of Allen Carr's the Easy Way to Control Alcohol** I. D. B. Books,2020-12-30 Are you still

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