



# THE BANGALA TABLE

Flavors and Recipes from

## CHETTINAD

SUMEET NAIR, MEENAKSHI MEYYAPPAN  
WITH JILL DONENFELD  
PHOTOGRAPHY BY ROHIT CHAWLA

# The Bangala Table Flavors And Recipes From Chettinad

**Rosina Ehmann**

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**The Bangala Table** Sumeet Nair,Meenakshi Meyyappan,Jill Donenfeld,2014 [Lonely Planet South India & Kerala](#)  
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