

The Ultimate ACS Study Guide

Advanced Cardiac Life Support (ACLS) provides guidelines for healthcare professionals for all types of cardiac emergencies.



EKG Anatomy



P-Wave = electrical activity in the upper heart chambers; represents contraction of SA node and AV node.
PR Interval = time from P wave to QRS complex.
QRS Complex = ventricular depolarization.
ST Segment = ventricular repolarization.
T-Wave = polarization of upper heart.

ECG Rhythms

Ventricular fibrillation - no organized blood, immediate defibrillation.

Ventricular Tachycardia - ventricular arrhythmia; heart rate 100-200 bpm, immediate cardioversion.

P纈tential &逸搏 (Fibrillation Activity) - fibrillation rate 300-500 bpm, immediate CPR.

Atrial fibrillation - on EKG, if leads are all connected, begin CPR immediately.

Sinus Bradycardia - rate less than 60 bpm, 60 beats/minute, pharmacological if hypotension.

1st Degree AV Block - prolonged P-R interval, fibrillate.

2nd Degree Block Type I - Wenckebach - progressive PR interval lengthening, fibrillate if symptomatic; fibrillate requires treatment.

2nd Degree Block Type II - Mobitz I - ventricular fibrillation, fibrillate.

3rd Degree Block - fibrillation, SA and AV fibrillation, pharmacology and defibrillation.

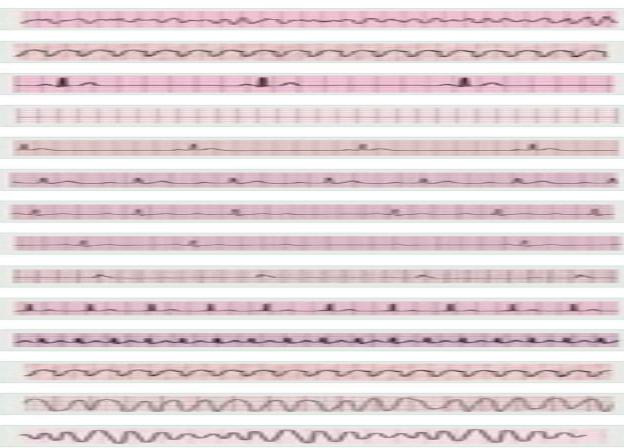
Sinus Tachycardia - increased heart rate of 100-150 beats per minute, pharmacological if symptomatic.

Supraventricular Tachycardia - irregular heart rate with P waves when heart rate is 100-200 bpm, cardiovert immediately.

Monomorphic Ventricular Tachycardia - pharmacological for stable patients; immediate cardioversion.

Polyomorphic Ventricular Tachycardia - cardiovert with different drugs and CPR.

Torsades de Pointes - different types of QRS complexes form a spiral pattern on EKG, immediate magnesium - treat when magnesium deficiency is present.



Electrical Therapy Basics



Airway Management



Defibrillation - uses an automated external defibrillator (AED).
Stroke-Related Cardioversion - shock synchronized to the R wave.
Transcutaneous Pacing - treats abnormally slow heart rate.

Post-Resuscitation Care



Follow the ABCDs:

- Airway - maintain ventilation and oxygenation
- Breathing - keep PETCO₂ between 35-40mmHg
- Circulation - maintain mean arterial pressure of 90mmHg
- Differential Diagnosis - use H&Ts to determine contributing factors to cardiac arrest

Acute Coronary Syndromes (ACS)

Unstable Angina

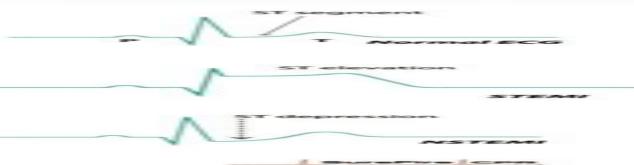
- unexpected chest pain due to poor blood flow
- blood thinners
- aspirin

ST-segment Elevation MI (STEMI)

- total blockage of a coronary artery
- electrical activity during the ST-segment shows ST-segment elevation
- coronary intervention (PCI) or CABG surgery

Non-ST-segment Elevation MI (NSTEMI)

- partial blockage of a coronary artery
- ST-segment depressed instead of elevated, no thrombolytic
- pharmacotherapy, immediate percutaneous coronary intervention (PCI) or CABG surgery



Stroke Assessment and Treatment

Cardiovascular disease is a frequent complication after an acute ischemic stroke. If a stroke is suspected, immediately transport to the nearest Stroke Receiving Center.

Cincinnati Prehospital Stroke Scale:

1. Age over 60
2. Arm drift
3. Speech

“You can't teach an old dog new tricks”



Code Termination

Consult with medical control before code termination.



- persistent asystole 25 minutes or longer
- obvious signs of death, withhold resuscitation efforts

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Acls Study Guide 21

Arthur James Wells

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ACLS Study Guide Barbara Aehlert, 2007 Written in a conversational style, the 3rd edition of the ACLS Study Guide features unique, user-friendly and easy-to-remember treatment algorithms, totally revised to reflect the 2005 emergency cardiac care guidelines. Full color throughout, it offers a complete, concise overview of advanced

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CISSP: Certified Information Systems Security

Professional Study Guide Ed Tittle,James Michael Stewart,Mike Chapple,2006-02-20 Here s the book you need to prepare for the challenging CISSP exam from ISC 2 This revised edition was developed to meet the exacting requirements of today s security certification candidates In addition to the consistent and accessible instructional approach that earned Sybex the Best Study Guide designation in the 2003 CertCities Readers Choice Awards this book provides Clear and concise information on critical security technologies and topics Practical examples and insights drawn from real world experience Leading edge exam preparation software including a testing engine and electronic flashcards for your Palm You ll find authoritative coverage of key exam topics including Access Control Systems Methodology Applications Systems Development Business Continuity Planning Cryptography Law Investigation Ethics Operations Security Physical Security Security Architecture Models Security Management Practices Telecommunications Network Internet Security Note CD ROM DVD and other supplementary materials are not included as part of eBook file

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Aehlert,Robert Vroman,2011 Providing the tools you need to succeed the two volume set of Paramedic Practice

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Paramedic Field Care American College of Emergency Physicians,1998-02 ACEP S Paramedic Field Care is a core paramedic textbook that supports the EMT Paramedic National Standard Curriculum yet moves in a bold new direction Its patient presentation complaint based approach encourages linkage of information gleaned from lectures and books to actual field care **Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 9th edition** Judith E. Tintinalli,O. John Ma,Donald Yealy,Garth D. Meckler,J. Stephan Stapczynski,David M. Cline,Stephen H. Thomas,2019-10-22 Publisher s Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product The long awaited new edition of the world s most widely used and highly regarded textbook and reference of emergency medicine A Doody s Core Title for 2019 Tintinalli s Emergency Medicine is THE essential resource for everyone working in and teaching emergency medicine The Ninth Edition provides the depth and breadth of coverage that reflects the complexity and expertise needed to practice emergency medicine in today s fast paced environments This comprehensive text is an important clinical resource for physicians residents and students advance practice providers emergency nurses EMTs and paramedics It is a necessary resource for in training and board examinations

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