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Root, Tuber and Banana Food System Innovations Graham Thiele, Michael Friedmann, Hugo Campos, Vivian Polar, Jeffery W. Bentley, 2022-04-06 This open access book describes recent innovations in food systems based on root tuber and banana crops in developing countries. These innovations respond to many of the challenges facing these vital crops linked to their vegetative seed and bulky and perishable produce. The innovations create value food jobs and new sources of income while improving the wellbeing and quality of life of their users. Women are often key players in the production, processing and marketing of roots, tubers and bananas. So successful innovation needs to consider gender. These crops and their value chains have long been neglected by research and development; hence this book contributes to filling in the gap. The book features many outcomes of the CGIAR Research Program in Roots, Tubers and Banana (RTB) which operated from 2012-21, encompassing many tropical countries, academic and industry partners, multiple crops and major initiatives. It describes the successful innovation model developed by RTB that brings together diverse partners and organizations to create value for the end users and to generate positive economic and social outcomes. RTB has accelerated the scaling of innovations to reach many end users cost effectively. Though most of the book's examples and insights are from Africa, they can be applied worldwide. The book will be useful for decision makers, designing policies to scale up agricultural solutions for researchers and extension specialists seeking practical ideas and for scholars of innovation.

Sustainable Cassava Matthew Chidozie Ogwu, Sylvester Chibueze Izah, Alfredo Augusto Cunha Alves, Suresh Babu, 2024-05-31 Sustainable Cassava Production Processing, Trade, Consumption and Waste Management Strategies presents viable approaches to promote sustainability in this globally important crop, enabling future generations to benefit. Providing key insights to enhance production while limiting environmental impact, this book provides readers with foundational understanding of growing and utilizing Cassava. Cassava (*Manihot* Mill species Euphorbiaceae) is a staple crop in tropical and subtropical regions of the world with diverse food and non-food value. It is a principal energy source but may be fortified to provide improved nutritional status for consumers as well as for the production of value added products. With the growing human population, there is a need to increase global production and efficiency in trade, diversify and ensure safe consumption, maximize utilization of all cassava processing wastes and add value to the cassava production chain through sustainable practices. Presented in three parts, the first addresses cassava diversity and distribution, sustainable production and cultivation practices, and root processing innovations of the crop. Cassava trade policies and economic value chains, food safety and use of cassava and agro-industrial cassava products are addressed in the second part. The third part focuses on bioeconomy aspects, cassava waste quality assessment, toxicology, sanitary practices, environmental risk assessment, as well as sustainable management strategies for cassava waste using biotechnological and industrial advances. Addressing the need for a unified and standardized approach for the trade management and utilization of cassava genetic resources, finished products and cassava processing wastes, the

book also explores policy and governance structure for addressing environmental and economic issues emanating from their use In the lens of globalization climate change adaptation and mitigation and sustainable development the contents of this book will promote the adoption of novel and advanced practices in cassava cultivation and production harvest use and waste recovery or reduction and contribute to global cooling efforts Presents best practices and ideas from around the world including technological advances for Cassava production and use Focuses on sustainability throughout the lifecycle Provides insights translatable to other tuber crops for further enhanced sustainable food security

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web lauftechnik ausrüstung der individuelle trainingsplan ernährung gewichtsabnahme und kraftaufbau werden anschaulich
erklärt ebenso wie verletzungsprävention motivation und