

ACTION GUIDE – FOR DIGITAL MENTAL HEALTH SERVICE PROVIDERS

Clinical and Technical Governance Standard:

Privacy

It is essential to ensure that all information collected by a digital mental health service remains private and secure. A privacy breach can cause serious harm to service users, including significant personal distress. Service users have a right to know that a provider has considered the privacy impacts of any information they are collecting and storing, the sensitivity of the information and how the personal information will be handled.

Privacy is protected by the Privacy Act 1988 which outlines the Australian privacy principles (APP) for protecting personal information and the action to be taken if there is a data breach in an organisation. The Office of the Australian Information Commissioner (OAIC) is responsible for promoting and upholding the privacy rights of Australians via the Privacy Act.

All entities covered by the Privacy Act are required to have a privacy policy which includes:

- The kinds of personal information collected and stored
- How the information is collected and where it is stored
- Why the personal information is being collected
- How the information will be used and disclosed
- How someone can access their personal information or ask for it be corrected.



ACTIONS IN THE NSQDMH STANDARDS

Privacy is safeguarded via a number of actions in the National Safety and Quality Digital Mental Health (NSQDMH) Standards, as part of the Clinical and Technical Governance Standard. The relevant actions are:

- **Actions 1.16 and 1.17**, concerning the safety and security of healthcare records
- **Action 1.28**, conducting a Privacy Impact Assessment (PIA)
- **Action 1.29**, ensuring service providers have privacy policies in place
- **Action 1.30**, requiring providers to advise users when a privacy policy has changed
- **Action 1.31**, ensuring service providers have appropriate systems in place to manage data and that the use of data is transparent to service users.

Action 1.35 is also important – this requires providers to ensure they have an information security management system in place that protects the security and stability of the service.

Top tip: For guidance on how to write a privacy policy see the OAIC's [Guide to developing an APP privacy policy](#).

Action Guide Human Quality Which

Marco Cascella



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