

The Culinary Professional Study Guide
Chapter 31: Basic Meat & Poultry Preparation
Activity A: Reviewing Key Concepts

/21

Part 1: Proper Handling and Storage

Read each statement and **HIGHLIGHT** the correct term or phrase to complete the sentence and make the statement true.

1. Fresh meat and poultry should be stored _____.
below 30°F to 35°F [-1°C to 2°C]
at 30°F to 35°F [-1°C to 2°C]
above 30°F to 35°F [-1°C to 2°C]
2. Film-wrapped, vacuum-packed meats have a refrigerated shelf life of _____ when kept in their sealed bags.
several days
several weeks
several months
3. Meat and poultry should be stored on a tray or sheet pan to keep them _____.
from dripping on other items
organized for quick location
from warming
4. Never store raw meats or poultry _____ cooked or ready-to-eat items.
below
on the same level as
above
5. Sanitize _____ food-contact surfaces when storing meats and poultry.
major
non-refrigerated
all

Part 2: Poultry Fabrication

Read each statement and choose the correct term or phrase to complete the sentence and make the statement true.

6. To begin to spit poultry in half, place the bird on the cutting board with the _____ toward you and the tail up. After spitting in half, the bird's backbone _____.
breast, remains with one portion
breast, is cut away and removed
back, remains with one portion
back, is cut away and removed
7. To cut poultry halves into quarters, you need to find the natural separation between the _____ and cut along that line.
leg and wing
breast and thigh
leg and thigh
8. Another term for preparing eight-cut portions of poultry is _____.
double quarter
disjointed

Answer Guide Professional Cooking

S Ashworth



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Study Guide to Accompany Professional Cooking Wayne Gisslen, Mary Ellen Griffin, 2010-04-05 The Study Guide to Accompany Professional Cooking Seventh Edition is a useful tool to help students study and review the material in the textbook Professional Cooking It contains 35 chapters of key exercises related to key terms true false questions completion short answer and other written exercises and math exercises The purpose is to reinforce learning support your study efforts and assist you in mastering the material Professional Cooking for Canadian Chefs Wayne Gisslen, Mary Ellen Griffin, Le Cordon Bleu, 2006 Wayne Gisslen's Professional Cooking for Canadian Chefs has helped train hundreds of thousands of professional chefs with clear in depth instruction on the critical cooking theories and techniques successful chefs need to meet the demands of the professional kitchen Now with 1 200 recipes and more information than ever before this beautifully revised and updated edition helps culinary students and aspiring chefs gain the tools and confidence they need to succeed as they build their careers in the field today **Professional Cooking, 10e Student Study Guide** Wayne Gisslen, 2025-04-22 This is the study guide to accompany Professional Cooking 10e The Tenth Edition of Professional Cooking reflects the changing nature of our understanding of cooking and related fields such as food safety nutrition and dietary practices as well as new thinking about how best to teach this material What has not changed is the core material that focuses on the essentials the comprehensive understanding of ingredients and basic cooking techniques that are the foundation of success in the kitchen and the development of manual skills to apply this knowledge Professional Cooking, College Version Wayne Gisslen, 2010-01-19 This is the best selling undergraduate food preparation textbook in the marketplace It has a long standing reputation for being comprehensive yet easy for students to understand and follow Wayne Gisslen's reputation for being able to simply yet comprehensively communicate information to beginning chefs is unsurpassed Professional Cooking Seventh Edition includes videos that will help further illustrate the correct techniques in the kitchen On top of that there are over 100 new recipes some with particular emphasis on international cooking Enhanced visual program includes over 220 new color photos including plated dishes procedures and products Approximately 100 new recipes have been added for a total of 650 recipes plus another 600 variations More focus on international recipes and variations Enhanced topical coverage on such things as food science molecular gastronomy international recipes and culinary maths Chapter 10 Understanding Meats now includes all information on meat fabrication in one convenient place Up to date nutrition guidelines Thoroughly revised and enhanced CulinarE Companion Recipe Management software contains all recipes from the book and 90 bonus recipes The software is available through download with the registration code in the back of the book Professional Cooking for Canadian Chefs, 10th Edition Student Study Guide Wayne Gisslen, 2025-04-07 This is the study guide to accompany the Tenth edition of Professional Cooking for Canadian Chefs The Tenth Edition of Professional Cooking for Canadian Chefs reflects the changing nature of our understanding of cooking and related fields such as food safety

nutrition and dietary practices as well as new thinking about how best to teach this material What has not changed is the core material that focuses on the essentials the comprehensive understanding of ingredients and basic cooking techniques that are the foundation of success in the kitchen and the development of manual skills to apply this knowledge

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and highlighting of additional recipes available on CulinarE Companion™ Updating of baking recipes to be consistent with the latest edition of Professional Baking *Professional Cooking, EMEA Edition* Wayne Gisslen, 2019-01-07 The Ninth Edition of Professional Cooking reflects the changing nature of our understanding of cooking and related fields such as food safety nutrition and dietary practices as well as new thinking about how best to teach this material What has not changed is the core material that focuses on the essentials the comprehensive understanding of ingredients and basic cooking techniques that are the foundation of success in the kitchen and the development of manual skills to apply this knowledge

Professional Baking, 8e Student Study Guide Wayne Gisslen, 2021-11-23 A comprehensive and reliable approach to the foundations of baking ideal for students and early career professionals In the newly revised Eighth Edition to Professional Baking best selling author Wayne Gisslen delivers a comprehensive and accessible introduction to baking practices including the selection of ingredients and proper mixing and baking techniques The book discusses makeup and assembly as well as skilled and imaginative decoration and presentation in a straightforward and learner friendly style The new edition includes Updates to the art program including new photos tables and illustrations throughout the book Revised and updated formulas and recipes including new material on emulsions revisions to the text explaining mixing techniques no knead breads and double hydration New material and recipes on the construction of entremets and revised material on the Joconde Method and dough lamination STUDENT STUDY GUIDE The Student Study Guide to accompany Professional Baking Eighth Edition gives students an opportunity to test their knowledge of the fundamental principles of baking That understanding is critical to perform the practical skills of baking and pastry Each chapter presents exercises to test that knowledge including identifying key terms and their definitions calculations such as costing and baker s percentages of formulas true false questions and short answer questions and other written exercises The exercises in this Study Guide allow students to gain confidence in what they have learned and identify areas that may require more review **Essentials of Professional Cooking** Wayne Gisslen, 2015-03-23 Essentials of Professional Cooking Second Edition focuses on fundamental cooking procedures and techniques functions of ingredients and desired results to empower the reader with the keen understanding necessary to prepare virtually any dish to perfection without relying solely on a recipe Specially constructed to meet the on the job demands of food service managers the streamlined approach of Essentials of Professional Cooking Second Edition extends the benefits of this material to students and professionals in hospitality management and food service management The Publishers' Trade List Annual , 1988 Learning to Cook Professionally David A. Mizer, Mary Porter, 1978 **The Chicago Herald Cooking School** Jessup Whitehead, 1883 **SHARE Home Economics Catalog of Resources** California. Home Economics Education Programs, 1979 **Volume Feeding Institutions** , 1970 **Bazaar Exchange and Mart, and Journal of the Household** , 1879 **The Vocational-technical Core Collection: Books** Jack Hall, Victoria Cheponis Lessard, 1981 Annotated bibliography comprising a selection guide for librarians of recommended books on vocational

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