



The FIRM

BODY SCULPTING SYSTEM

AS SEEN ON
TV

GUARANTEED
RESULTS IN
10
WORKOUTS

burn
sculpt
tone



SYSTEM
INCLUDES

- 3 DVDs
- 1 Platform
- 30 Day Workout Calendar
- Bonus 10 Minute Workout
- 10 Minute Sculpt Workout
- Body Sculpt Workout
- 10 Minute Workout

3 WORKOUTS
ON 1 DVD

Firm Your Fanny

Ludwig Tieck



Firm Your Fanny:

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Firm Your Fanny Introduction

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