

# Six Minute Walking Test

Lap counter: 0003			
Patient name: Dorothy Campbell		Patient ID: 00524	
Walk number: 203	Tech ID: -	Date: 3/11/23	
Gender: Female	Age: 43	Race: -	Height:    ft    in    meters
Weight: 159 lbs 72 kgs	Blood pressure: 110/90		
Medications taken before the test (dose and time): none			
Supplemental oxygen during the test (Yes or No): No		(If yes): flow	L/min, type

	Baseline	End of test	
TIME:	6:57 AM	7:03 AM	
HEART RATE:	90 bpm	120 bpm	
DYSPNEA:	none	mild	(Borg scale)
FATIGUE:	none	none	(Borg scale)
SpO <sub>2</sub> :	97 %	95 %	

Stopped or pause before 6 minutes? Yes or No: Yes	Reason: dyspnea
Other symptoms at end of exercise: Angina, dizziness, hip, leg, or calf pain leg pain	
Number of laps: 4 (x 60 meters) + final partial lap: 5 meters = 300	
Total distance walked in 6 minutes: 300 meters	
Predicted distance: 400 meters	Percent predicted: 90 %
Tech comments:	
Additional notes: Check cardiovascular concerns. Conduct lab results for pulmonary conditions.	

# 6 Minute Walk Test Forms

**Jianjun Gao**

**6 Minute Walk Test Forms:**

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