

Methylphenidate Derivatives - Long Acting/Extended Release**

*Doses are listed in the column you choose at 50% of usual dose

Complis XR-CDR[®] (granules)	4-17 yrs: 0.6-0.7 mg/kg QD-TID 18-29 mg	10 mg	12 mg	25 mg	34 mg	51 mg	
Aptensio[®] XR[†]	4 yrs-Adult: 10-60 mg QD-TID 10 mg	15 mg	20 mg	30 mg	40 mg	50 mg	
Concerta[®]	4-17 yrs: 18-54 mg QD-TID 18-54 mg 4-17 yrs: 18-54 mg QD-TID 20-60 mg	18 mg	27 mg	36 mg	45 mg	54 mg	
Quilichew XR[®] (chewable tablets)	4 yrs-Adult: 20-60 mg QD-TID 10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	
Quilichew XR[®] (chewable tablets)	4 yrs-Adult: 20-60 mg QD-TID 10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	
Proday[®] XR[†] (transdermal patch)	4-17 yrs: 1-2 mg/kg QD-TID 18-29 mg	1 mg	2 mg	3 mg	4 mg	5 mg	
Ritalin[®] LA[†]	4-17 yrs: 10-60 mg QD-TID 10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	
Motecta[®] CD[†]	4-17 yrs: 10-60 mg QD-TID 10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	
Motecta[®] ES[†]	4 yrs-Adult: 20-60 mg QD-TID 10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	



Administration Key:

Q Once daily

T Daily disintegrating tablet

T Can be mixed with yogurt, orange juice, or water

† Must be swallowed whole

† Can open capsules and sprinkle medication on applesauce

**Important Information: The age-specific dosing information listed for each medication reflects the FDA-approved prescribing information. "QD" refers to the FDA-recommended starting dose, which sometimes varies by age. Prescribers should refer to the full prescribing information for each medication.

Please note: medications have been arranged on the ADHD Medication Guide for ease of display and comparison; dosing equivalences cannot be assumed.

Methylphenidate Derivatives - Short Acting/Immediate Release**

*Doses are listed in the column you choose at 50% of usual dose

Proday[®] (transdermal patch)	4-17 yrs: Daily 1-2 mg/kg, divided BID 10-20 mg QD	1-2 mg	1 mg	10 mg
Ritalin[®]	4-17 yrs: Daily 10-60 mg, divided BID or TID 10-20 mg QD Adults: Daily 10-60 mg, divided BID or TID	1 mg	10 mg	20 mg
Methylphenidate Hydrochloride (granules)	4-17 yrs: Daily 10-60 mg, divided BID or TID 10-20 mg QD Adults: Daily 10-60 mg, divided BID or TID	1 mg	10 mg	20 mg
Methylphenidate (granules)	4-17 yrs: Daily 10-60 mg, divided BID or TID 10-20 mg QD	1 mg	10 mg	20 mg

† Indicates a generic formulation is also available; generic products are not shown

† Indicates a generic (but NDA is funded) formulation is available

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This Guide should not be used as a substitute for decision-making. The user understands and accepts that if Northwell Health were to accept the risk of harm to the user from use of the Guide, it would not be able to make the Guide available because the user is over the top of harm to all users would be too great. Thus, use of the ADHD Medication Guide is strictly voluntary and at the user's own risk.

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Adhd Medication Guide

Marilyn Augustyn, Barry Zuckerman

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The Food and Drug Administration's Critical Mission and Challenges for the Future United States. Congress. House. Committee on Oversight and Government Reform, 2007

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Mental Health Directory Richard Gottlieb, 2006-03 Provides comprehensive coverage of 27 specific mental health disorders from adjustment disorders to tic disorders including a separate section devoted to pediatric and adolescent issues as well as support systems and other resources **The Complete Mental Health Directory** , 2004

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