

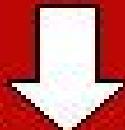
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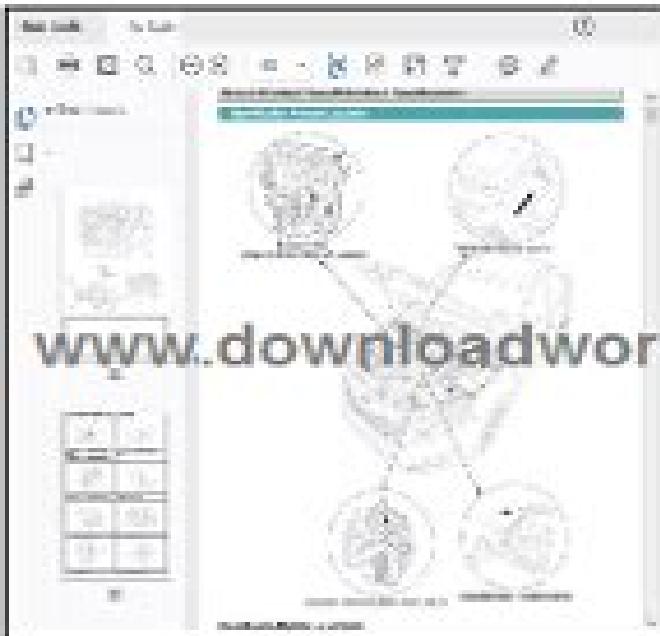


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integrates case studies with an exploration of the most recent developments in rehabilitation procedures. Although the road from injury to recovery is frequently difficult physiotherapists may greatly improve patient outcomes and quality of life by equipping themselves with the appropriate information and resources. In addition to being a useful manual we hope this book will stimulate further reading on shoulder rehabilitation and its significance in orthopaedic therapy. We sincerely thank the scholars, practitioners and collaborators whose experiences and insights have influenced our work. The calibre and content of this handbook demonstrate their commitment to furthering the discipline of orthopaedic physiotherapy. With a dedication to shoulder rehabilitation and the knowledge that your efforts will help restore strength and enhance the wellbeing of individuals under your care we cordially encourage you to peruse the pages of this book.

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