

Front seats

Height adjustment



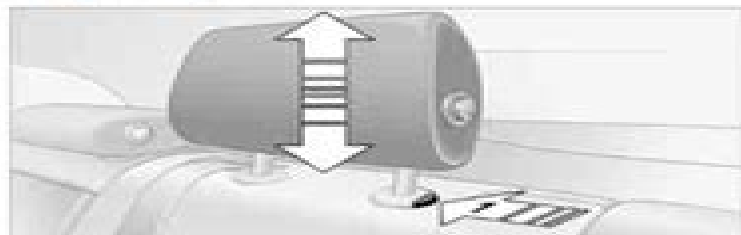
- ▷ To raise: pull up.
- ▷ To lower: press the button, arrow 1, and slide the head restraint down.

Removing

1. Pull up as far as it will go.
2. Press the button, arrow 1, and pull the head restraint all the way out.

Rear seats

Height adjustment



- ▷ To raise: pull up.
- ▷ To lower: press the button, arrow 1, and slide the head restraint down.

The center head restraint is not height-adjustable.

Removing

Sedan:

Only with through-loading system:

1. Pull up as far as it will go.
2. Press the button, arrow 1, tilt the rear seat backrest slightly forward and pull the head restraint all the way out.

▶ Only remove the head restraints if no passengers will be sitting in the rear. Reinstall head restraints before transporting passengers in the rear. ◀

Folding head restraints down and back up



Folding down:

Press the button, arrow 1.

Folding up:

Pull the head restraint.

Sedan:

Depending on the equipment version, it may be possible to fold down the outer rear head restraints as well.

▶ Only fold the head restraints down if no passengers will be sitting in the rear. Fold up the head restraints before transporting passengers in the rear. ◀

328i E90 Service Manual

Bentley Publishers



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